**Boneless Pork Sirloin Chops**
USDA Inspected, Tender and Juicy
$1.99 lb

**Ground Sirloin**
USDA Inspected, Sold in 2 lb or More Pkg
$1.49 lb

**Gold’n Plump Whole Chicken**
Fresh
$1.49 lb

**95% Lean Ground Sirloin**
USDA Inspected, Sold in 2 lb or More Pkg
$4.49 lb

**Whole Seedless Watermelon**
$4.99 ea

**California Peaches or Nectarines**
$1.79 lb

**Dole Snow White Cauliflower**
99¢ lb

**Smart Ones Entrées or Bowls**
6-4 oz or 10.5 oz box, Selected Varieties
3/$4.98

**Brew Pub Pizza**
22-75-30.75 oz pkg, Selected Varieties
2/$11

**Gatorade Thirst Quencher or Propel Electrolyte Water Beverage**
32 oz btl Gatorade, 25.4 oz btl Unflavored Purified Water or 24 oz btl Propel, Selected Varieties
5/$5

**IGA Spring Water**
24 pk, 1 L or 5 L
2/$5

**Essential Everyday Almondmilk**
64 oz ctn, Selected Varieties
2/$6

**Old Dutch Family Pack Chips**
Assorted Varieties
2/$5

**Vollworth’s Kielbasa or Rope Sausage**
13.75 oz pkg
$3.89

**Tostitos Tortilla Chips**
Assorted Varieties
2/$6

**Knorr Rice or Pasta Sides**
3.8-5.9 oz pkg, Selected Varieties
10/$10

**Marie Callender’s Dinners, Bowls or Pot Pies**
10.5-15 oz box, Selected Varieties
4/$10

**Brew Pub Pizza**
22.75-30.75 oz pkg, Selected Varieties
2/$11

**Home of Gold Tie Customer Service!**
900 US 41 West Ishpeming, MI 49849
486-4900
Open Daily 7 a.m. - 11 p.m.

**218 N. Second Ishpeming, MI 485-1027
Open Daily 8 a.m. - 10 p.m.**

We reserve the right to limit quantities and correct printing errors. All items not available in all stores. ©2020 UNFI INC.
Cheez-It Snap’d Baked Snack Crackers
2/$5
7.5 oz pkg, Selected Varieties

Nabisco Premium Saltine or Soup & Oyster Crackers
2/$5
9-16 oz pkg, Selected Varieties

Keebler Original Graham Crackers
2/$5
15 oz box

Hershey’s Snack Size Candy Bars
2/$3
8 ct pkg, Selected Varieties

Kraft Dressing
2/$5
22-24 oz btl, Selected Varieties

Chi-Chi’s Salsa
2/$4
10 oz jar, Selected Varieties

Godiva Baking Mix
2/$8
7.7-13.2 oz box, Selected Varieties

Nabisco BelVita Breakfast Biscuits
2/$5
7.04-8.8 oz box, Selected Varieties

Pringles Potato Crisps Mega Stack
3/$4.98
6.8-7.1 oz can, Selected Varieties

StarKist Chicken Creations or Ready To Eat Tuna Salad
99¢
2.6 oz pouch Chicken Creations or 3.29 oz box Tuna Salad, Selected Varieties

Tuna Salad
2.6 oz pouch

Chi-Chi’s Salsa
10 oz jar

Nabisco Premium Saltine or Soup & Oyster Crackers
9-16 oz pkg

Keebler Original Graham Crackers
15 oz box

Essential Everyday Chunk Light Tuna
15 oz can

Super Chill Unsweetened Sparkling Water Beverage
12 pk, 12 oz cans, Selected Varieties

Essential Everyday Cat Litter
20 lb bag

Essential Everyday Cat Litter
28 lb bag

Wild Harvest Organic Milk
64 oz carton, Selected Varieties

Wild Harvest Organic Coffee
10 oz pkg, Selected Varieties

Super Chill Unsweetened Sparkling Water Beverage
12 pk, 12 oz cans

Essential Everyday Automatic Dish Detergent
65 ct pkg

Essential Everyday Automatic Dish Detergent
60 ct pkg

Essential Everyday Automatic Dish Detergent
26 oz

Essential Everyday Automatic Dish Detergent
60 ct pkg

Essential Everyday Automatic Dish Detergent
65 ct pkg

Essential Everyday Automatic Dish Detergent
60 ct pkg

Wild Harvest Organic Coffee
10 oz pkg

Wild Harvest Organic Milk
64 oz carton

Essential Everyday Chunk Light Tuna
15 oz can

Super Chill Unsweetened Sparkling Water Beverage
12 pk, 12 oz cans

Essential Everyday Automatic Dish Detergent
65 ct pkg
**BAKED GOODS**

- **Cheesecake Duos**
  - 8 oz, Selected Varieties
  - $2.59

- **Peach Pie**
  - 8 in.
  - $3.99

- **Brownies**
  - 6 oz, Selected Varieties
  - $3.99

- **Cinnamon Rolls**
  - 4 ct pkg, Bakery Fresh
  - $2.99

- **Sara Lee Whole Grain White Bread**
  - 20 oz loaf
  - 2/$5

- **Sara Lee Honey Wheat Bread**
  - 20 oz loaf
  - 2/$5

**DELI FRESH**

- **Vienna Bread**
  - 20 oz pkg
  - $1.29

- **Kretschmar Honey or Virginia Ham**
  - Deli Fresh
  - $5.99 lb

- **Kretschmar Colby, CoJack or Pepperjack Cheese**
  - Sliced Fresh in our Deli
  - $5.99 lb

- **Kretschmar Hard or Genoa Salami**
  - Deli Fresh
  - $6.99 lb

- **Steakhouse Coleslaw or Potato Salad**
  - Deli Fresh
  - $2.99 lb

- **Macaroni & Cheese**
  - Toss & Heat or Ready to Eat
  - $2.99 lb

**DAIRY**

- **Good Belly Probiotics Yogurt or Yoplait YQ Yogurt Made With Ultra-Filtered Milk**
  - 5-5.3 oz can, Selected Varieties
  - 4/$5

- **Essential Everyday Half & Half pint, Selected Varieties**
  - 2/$3

- **Essential Everyday Bagels**
  - 5 ct pkg, Selected Varieties
  - 4/$5

- **Sara Lee Whole Grain White Bread**
  - 20 oz loaf
  - 2/$5

- **Sara Lee Honey Wheat Bread**
  - 20 oz loaf
  - 2/$5
**FROZEN**

- **Snickers, Twix or Dove Ice Cream Bars**
  - 3-14 ct box, Selected Varieties
  - 2/$6

- **Alexia Sweet Potatoes**
  - 20 oz pkg, Selected Varieties
  - $2.99

- **IGA Waffles**
  - 10 ct box, Selected Varieties
  - 2/$3

- **Talenti Gelato or Gelato Layers**
  - pint Gelato or 10.6-11.7 oz pkg Gelato Layers, Selected Varieties
  - 2/$7

- **Ben & Jerry’s Ice Cream, Pint Slices Ice Cream Bars or Cookie Dough Chunks**
  - pint Ice Cream, 3 ct box Bars or 6-8 oz pkg Chunks, Selected Varieties
  - 2/$7

- **Breyers Delights Ice Cream**
  - pint, Selected Varieties
  - 2/$7

- **Essential Everyday Frozen Fruit**
  - 40 oz pkg, Berry Medley, Blueberries, Cherry Berry Blend or Whole Strawberries
  - $6.99

- **Essential Everyday Pizza Bites**
  - 45 oz pkg
  - $4.99

**HEALTH & HOME HELPERS**

- **Old Spice, Secret or Gillette Premium Deodorant, Antiperspirant or Dry Spray**
  - 2.6-3.4 oz Secret or 2.6-3.8 oz Sprays, Selected Varieties
  - $4.99

- **Head & Shoulders Shampoo, Conditioner, or 2M1, Herbal Essences Bio Renew Shampoo or Conditioner**
  - 8.5-11.5 oz Head & Shoulders or 6-11.5 oz Herbal Essences, Selected Varieties
  - $5.99

- **Band-Aid Brand Kids Bandages**
  - 25 ct pkg, Selected Varieties
  - $2.99

- **Gain Fabric Softener**
  - 50-51 oz btl or 120 ct box, Selected Varieties
  - $4.99

- **Clif, Luna or Luna Protein Bars**
  - 1.6-1.7 oz Luna or 1.76 oz Clif, Selected Varieties
  - 5/$5

- **Boost High Protein Complete Nutritional Drink**
  - 6 pk/8 oz bts, Selected Varieties
  - $9.99

- **Metamucil Fiber Supplement**
  - 21.7-48.2 oz or 114-160 pkg, Selected Varieties
  - $22.99

**PET**

- **Wild Harvest Dog Food**
  - 3.54 lb bag, Selected Varieties
  - $5.99

**BABY**

- **Huggies Baby Wipes**
  - 45-72 ct pkg, Selected Varieties
  - $2.49
FRESH MEAT

**Boneless Chuck Roast**
*CERTIFIED ANGUS BEEF®*
$4.79lb

**Boneless Chuck Steak**
*CERTIFIED ANGUS BEEF®*
$4.99lb

**Boneless Pork Sirloin Roast**
USDA Inspected, Tender and Juicy
$1.89lb

**Boneless Country Style Ribs**
USDA Inspected, Tender and Juicy
$1.99lb

**Supreme Choice Raw Shrimp**
16 oz pkg, 41-50 ct
$3.99

**Supreme Choice Salmon Fillet**
16 oz pkg
$5.99

**Supreme Choice Tuna Fillet**
14 oz pkg
$3.99

**Supreme Choice Cooked Shrimp**
16 oz pkg, 41-50 ct, Tail On
$7.99

**Supreme Choice Smoked Sausage Snackers**
8 oz pkg
$3.99

**Schweigert Sausage Strips**
14 oz pkg, Selected Varieties
$4.99

**Old Wisconsin Summer Sausage, Snack Bites or Sticks**
6 oz pkg
$3.99

**Oscar Mayer Turkey Franks**
16 oz pkg, Selected Varieties
2/$4

**Sugardale Cubed or Diced Ham**
6 oz pkg
$1.99

**Schweigert Sauerkrout**
24 oz bag
$2.29

**Schweigert Smoked Brat or Rope Sausage**
14 oz pkg, Selected Varieties
$3.99
**Low-Calorie GOODNESS**

**WHO KNEW SOMETHING SO SWEET COULD BE GOOD FOR YOU?**

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**FLORAL**

All items not available at all locations.

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**FARM FRESH PRODUCE**

- **Mexican Hass Avocado**
  - 5/$5

- **Washington Fuji Apples**
  - $1.19 lb

- **Grape Tomatoes**
  - $1.99

- **Wild Harvest Organic Baby Spinach**
  - 5 oz clamshell
  - $2.99

- **Heritage Whole White Mushrooms**
  - 8 oz pkg
  - 2/$3

- **Wisconsin Russet Potatoes**
  - 5 lb bag
  - $1.99

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**BBQ Grillin’ Bouquet**

- $2.49

**BBQ**

- **Combos Snacks**
  - 6 ct pkg, Assorted Varieties
  - 99¢

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**BALL PARK HOT DOG OR Hamburger Buns**

- 8 ct pkg
  - 2/$5

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**Kool Aid Jammers Drinks**

- Assorted Varieties
  - $1.99

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**IGA Shredded Cheese**

- 8 oz pkg, Assorted Varieties
  - 2/$4

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**IGA**

- **Dole Romaine Hearts**
  - 3 ct pkg
  - $2.49

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**Thank you for understanding and shopping local!**

Due to increased demand, you may experience limited inventory and longer waits.

Our associates are working diligently to ensure we are stocked and our services are available to you.

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**IGA**

- **Glacier Clear Water**
  - 24 pk/16.9 oz btls
  - $1.89

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**Kemps**

- **Ice Cream Sandwiches**
  - 6 ct pkg
  - $1.49

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Start Your Day The Right Way!

Quaker Cap’N Crunch or Life Cereal
11.5-14 oz box Cap’N Crunch or 12 oz box Life, Selected Varieties
2/$4

Quaker Oatmeal Squares Cereal
14 oz box, Selected Varieties
2/$4

Quaker Chewy Granola Bars
6.5-7 oz box, Selected Varieties
2/$4

Quaker Baked Flats or Squares
5 ct box, Selected Varieties
2/$5

Pure Leaf Tea, Tropicana Lemonade or Fruit Drink
59 oz bottle Pure Leaf or 52 oz bottle Tropicana, Selected Varieties
2/$4

Dole 100% Juice Blends
59 oz can, Selected Varieties
2/$4

Gatorade Thirst Quencher
6 pk/12 oz tins, Selected Varieties
2/$7
ICE CREAM SOCIAL
Treat yourself to savings

Stone Ridge Creamery Ice Cream or Sherbet
48 ct pkg, Selected Varieties
2/$6

Stone Ridge Creamery Ice Cream Sandwiches
12-16 ct, Selected Varieties
2/$6

Stone Ridge Creamery Sundae Nut Cones
8 ct, Selected Varieties
$4.99

Hershey’s Syrup
18.5-24 oz, Selected Varieties
$2.29

IGA Sandwich Cookies
14-16 ct, Selected Varieties
2/$3

IGA Ice Cream Cake Cups
12-ct Box
99¢

Super Chill Soda
2 Ltr Btl, Club Soda, Tonic Water, or Selected Varieties
4/$3

Essential Everyday Nut Topping
2 oz pkg
79¢

IGA Maraschino Cherries
10 oz jar
2/$3

[Image of products and additional savings offers]