

875 N. High Street  
East Haven, CT 06512  
Phone: (203) 467-6438  
www.tandjsupermarket.com  
OPEN 7 Days a Week 8am-8pm

 **instacart Available!**



Prices Effective Friday, March 1  
Thru Thursday, March 7, 2024

**We Welcome WIC & EBT Card Customers**

We have the right to limit quantities.



Flat Cut • Whole Or Half Piece  
**Hummel Bros.  
Corned Beef**

**\$6<sup>99</sup>**  
lb.

Bone-In  
**Rib Eye Steaks  
Or Roasts**

**\$7<sup>99</sup>**  
lb.



**Eye Round  
Roast**

**\$4<sup>99</sup>**  
lb.

**Pork  
Tenderloin**

**\$2<sup>99</sup>**  
lb.



Boneless  
**Center Cut Pork  
Chops Or Roast**

**\$2<sup>99</sup>**  
lb.

Boneless • Skinless  
**Chicken Breast  
Fillets**

**\$3<sup>99</sup>**  
lb.



16 To 20 Ct • 2 Lb Bag  
**Easy Peel  
Shrimp**

**\$12<sup>00</sup>**  
ea.

**Boar's Head  
American Cheese**

**\$5<sup>99</sup>**  
lb.



**Russer  
Virginia Ham**

**\$5<sup>99</sup>**  
lb.

**Hummel Bros.  
Bologna**

**\$5<sup>99</sup>**  
lb.





Selected Varieties • 16 Oz Bag

**Sclafani  
Pasta**

**4/\$5**



Selected Varieties • Raisin Bran • Rice Krispies • Smart Start • Apple Jacks • Frosted Flakes • Froot Loops • Corn Pops Or Cocoa Krispies • 8.8 To 16.6 Oz Box

**Kellogg's Cereal**

**\$2<sup>99</sup>**



Selected Varieties • 18.5 To 19 Oz Can

**Progresso Light Or  
Reduced Sodium Soup**

BUY  
ONE  
GET  
ONE **FREE**



Selected Varieties • 12 Oz Pkg

**Thomas' 6 Pack  
English Muffins**

BUY  
ONE  
GET  
ONE **FREE**



28 Oz Can

**Sclafani Quick  
Crushed Tomatoes**

**\$1<sup>79</sup>**



33.8 Fl Oz Can

**Filippo Berio  
Pure Olive Oil**

**\$14<sup>99</sup>**



1 Ply • 20,000 Ct Pkg

**Scott 1000 20 Rolls  
Bath Tissue**

**\$14<sup>99</sup>**



Selected Varieties • 28 To 29 Oz Can

**Hunt's  
Tomatoes**

**\$1<sup>99</sup>**



Selected Varieties Or Ruby Red Grapefruit • 52 Fl Oz Crtn

**Florida's Natural  
Orange Juice**

**\$2<sup>99</sup>**



Oikos Triple Zero • Light & Fit Greek • Two Good Greek Or YoCrunch • Selected Varieties • 5.3 To 6 Oz Cntr

**Dannon Oikos Greek Yogurt**

**10/\$10**



Selected Varieties • 64 Fl Oz Crtn

**Lactaid  
Milk**

**2/\$7**



Selected Varieties • 5 To 5.96 Oz Box

**Celeste  
Pizza For One**

**10/\$10**



Selected Varieties • 28 Oz Bag

**Ore Ida  
Potatoes**

**\$3<sup>99</sup>**



Selected Varieties • 48 Fl Oz Crtn

**Hood  
Ice Cream**

**\$3<sup>99</sup>**



5 Lb Bag

**White  
Potatoes**

**\$2<sup>99</sup>**  
ea.



3 Ct Pkg

**Romaine  
Hearts**

**\$2<sup>99</sup>**  
ea.



**Fresh  
Asparagus**

**\$1<sup>99</sup>**  
lb.