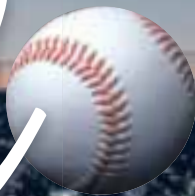




Playball

OUT OF THE PARK SAVINGS!





Chicken
Drumsticks
Bone-In, Valupak

\$1.79
lb



Blackberries
or Raspberries
6 oz pkg

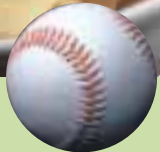
2/\$8



SAVINGS
DOWN
EVERY
AISLE!



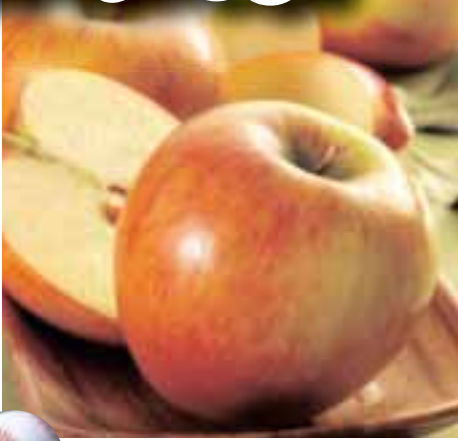
FRESH produce!





Seedless
Red or
Green Grapes

\$3.49
lb



Sweet
Pink Lady
Apples

99¢
lb



10.5-13 oz pkg,
Selected Varieties
Marie Callender's
Dinner Bowl

\$3.79



15 oz btl,
Selected Varieties
Wish-Bone
Dressing

2/\$6



15-24 oz can,
Selected Varieties
Hunt's
Pasta or
Tomato Sauce

\$1.99



8 oz pkg,
Selected Varieties
IGA
Chunk or
Shredded Cheese

2/\$5



24.5-31 oz can,
Selected Varieties
Maxwell House
or Yuban Coffee

\$11.99



14.5 oz can,
Selected Varieties
Hunt's
Tomatoes

\$1.99



8 ct roll,
Selected Varieties
Essential Everyday
Awesome Paper Towels

\$7.99



Boneless
Beef
Chuck Roast

\$6.79
lb



Boneless
Pork
Loin Roast

\$3.49
lb

Grand Slam Savings ACROSS THE STORE





Howers IGA Supermarket

Serving Haines For 70 Years Locally Owned and Operated
A Five Star IGA Retailer
Shop at Home • Support Your Community
OUR STORE HOURS:
8:30 a.m - 7:30 p.m. Monday thru Saturday,
and 11:00 a.m. - 6:00 p.m. Sunday
No Sales to Dealers. Food Stamps Gladly Accepted.
All Items May Not Be Available In All Stores. • Not responsible for typographical errors
PRICES EFFECTIVE APRIL 17 - APRIL 23, 2024

No Sales to Dealers. Food Stamps Gladly Accepted. All Items May Not Be Available In All Stores. • Not responsible for typographical errors • Quantity rights reserved ©2024 UNFI INC.

THE FINEST *meat selections*



**Chicken
Thighs**
Bone-In, Valupak
\$2²⁹
lb



**Beef
Chuck Steaks**
Boneless, Valupak
\$6⁹⁹
lb



**Beef
Tri-Tip Roast**
Boneless
\$9⁹⁹
lb



**Essential Everyday
Sliced Bacon**
16 oz pkg,
Selected Varieties
\$6⁴⁹



**Center Cut
Pork Loin Chops**
Boneless, Valupak
\$3⁹⁹
lb



**Oscar Mayer
Beef Franks or Cheese Dogs**
14-16 oz pkg,
Selected Varieties
\$5⁴⁹



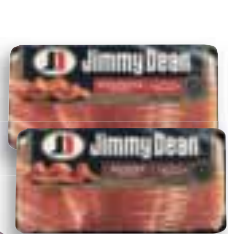
**Zenner's
Smoked Sausage, Frankfurters,
Bockwurst or Coney Dogs**
16 oz pkg, Selected Varieties
\$6⁹⁹



**Gallo
Sliced Pepperoni or Salami**
7 oz pkg,
Selected Varieties
\$5²⁹



**Oscar Mayer
Deli Shaved Lunch Meat**
7-9 oz pkg,
Selected Varieties
\$6²⁹



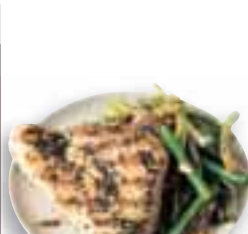
**Jimmy Dean
Sliced Bacon**
12 oz pkg,
Selected Varieties
\$5²⁹



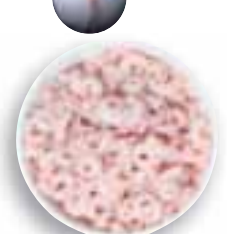
**Oscar Mayer
P3 Protein Plates**
3.2 oz pkg,
Selected Varieties
\$3⁴⁹



**Tyson
Boneless Skinless
Chicken Thighs**
2.5 lb bag,
Individually Quick Frozen
\$7⁹⁹



**Orca Bay
Ahi Tuna Steaks**
16 oz pkg
\$7⁹⁹



**Bornstein
Wild Caught Cooked
Shrimp**
350-500 ct
\$6⁷⁹
lb



**Sea Best
Raw Bay Scallops**
16 oz pkg, 60-80 ct, Frozen
\$8⁷⁹

FROZEN *specials*



**Marie Callender's
Entrees**
10.5-14 oz,
Selected Varieties
\$4⁴⁹



**Kellogg's
Eggo Thick & Fluffy Waffles**
11.6 oz box,
Selected Varieties
\$3⁹⁹



**TGI Fridays
Honey BBQ Wings**
25.5 oz box
\$12⁹⁹



**IGA
Cheesy Garlic Bread,
Breadsticks or Texas Toast**
11.5-13 oz pkg,
Selected Varieties
\$3⁹⁹



**Birds Eye
Steamfresh Rice or Vegetables**
10-10.8 oz bag,
Selected Varieties
\$2⁴⁹



**Van de Kamp's
Fish Sticks or Fillets**
18-24.6 oz pkg,
Selected Varieties
\$6⁹⁹



**Skinny Cow
Ice Cream Novelties**
24 oz pkg,
Selected Varieties
\$5⁷⁹



**Blue Bunny
Load'd Sundae**
8.5 oz pkg,
Selected Varieties
2/\$6

DAIRY *specials*



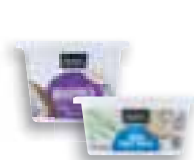
**Tillamook
Sour Cream**
16 oz tub,
Selected Varieties
\$2⁷⁹



**Blue Bonnet
Margarine Quarters**
1 lb pkg
\$2⁴⁹



**Nestle
Coffee-mate Creamer**
64 oz btl,
Selected Varieties
\$9⁹⁹



**Essential Everyday
Cream Cheese**
8 oz tub,
Selected Varieties
2/\$6



**Lactaid
100% Lactose Free Milk**
64 oz ctn,
Selected Varieties
\$6⁹⁹



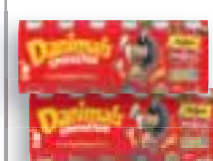
**Sargento Cheese
Balanced Breaks**
4-4.5 oz pkg,
Selected Varieties
\$3⁹⁹



**Essential Everyday
Singles**
12 oz pkg,
Selected Varieties
\$3⁵⁹



**Land O Lakes
Spreadable Butter**
6.5-8 oz pkg,
Selected Varieties
\$2⁹⁹



**Dannon
Animals Drinkables**
37.2 oz btl,
Selected Varieties
\$6⁴⁹

GROCERY



**Nabisco
Family Size
Snack Crackers**
11.5-14 oz pkg,
Selected Varieties

\$5⁹⁹



**Nabisco
Family Size
Chips Ahoy! Cookies**
14.25-19.5 oz pkg,
Selected Varieties

\$5⁹⁹



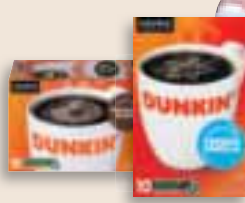
**Hunt's
Ketchup**
20 oz btl

\$2²⁹



**Vlasic
Spears**
24 oz jar,
Selected Varieties

\$3⁹⁹



**Dunkin'
Coffee**
10 ct box K-Cups,
Selected Varieties

\$6⁹⁹



**IGA
Peanut Butter**
16 oz jar,
Selected Varieties

\$1⁹⁹



**Snack Pack
Pudding or
Juicy Gels**
4 ct pkg,
Selected Varieties

\$1⁷⁹



**Essential Everyday
Pork & Beans**
16 oz can

\$1²⁹



**Kraft
Easy Mac or Velveeta
Macaroni & Cheese**
2.05-2.39 oz cup,
Selected Varieties

\$2¹⁹



**IGA
Yellow Mustard**
14 oz btl

\$1⁶⁹



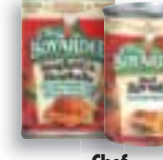
**Gulden's
Spicy Brown Mustard**
12 oz btl

\$2²⁹



**Wild Harvest
Organic Long Grain Rice**
32 oz pkg,
Selected Varieties

\$5²⁹



**Chef
Boyardee**
14.5-15 oz can,
Selected Varieties

2/\$4



**Rosarita
Refried Beans**
16 oz can,
Selected Varieties

2/\$4



**Wild Harvest
Extra Virgin Olive Oil**
17 oz btl

\$12⁹⁹



**Log Cabin
Syrup**
24 oz btl

\$4⁴⁹



**Essential Everyday
Steel Cut Quick Oats**
25 oz ctnr

\$5⁴⁹



**Kellogg's
Special K Cereal**
9.6-13.5 oz box,
Selected Varieties

\$5⁹⁹



**Essential Everyday
Chewy Granola Bars**
10 ct box,
Selected Varieties

\$3²⁹



**IGA
Whipped Dressing**
30 oz jar

\$5⁴⁹



**Chicken of the Sea Chunk
White Albacore Tuna**
5 oz can

\$1⁹⁹



**Essential Everyday
Instant Oatmeal**
10 ct box,
Selected Varieties

\$3⁴⁹



**Folgers
Coffee**
12 ct box K-Cups,
Selected Varieties

\$6⁹⁹



**Chex Mix, Bugles or
Gardetto's Snacks**
7-8.75 oz bag,
Selected Varieties

\$3⁹⁹



**IGA
Ice Cream
Sugar Cones**
12 ct box

\$2⁴⁹



**Crystal Light
Drink Mix**
7-10 ct box,
Selected Varieties

\$3²⁹



**Country Time, Kool-Aid or
Tang Drink Mix**
Makes 6-8 quarts,
Selected Varieties

\$4⁴⁹



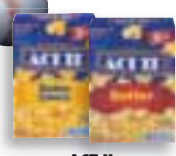
**Crystal Light
Drink Mix**
Makes 10-12 Quarts
or 7-10 ct Packets,
Selected Varieties

\$3⁴⁹



**Essential Everyday
Almonds and Cashews**
10 oz pkg,
Selected Varieties

\$5⁹⁹



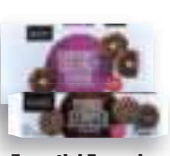
**ACT II
Microwave Popcorn**
3 ct box,
Selected Varieties

2/\$4



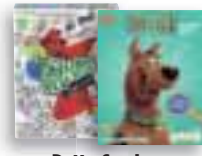
**Essential Everyday
Hot Cocoa**
20 oz can

\$4⁹⁹



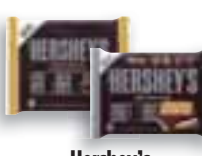
**Essential Everyday
Cookies**
8.5-12.5 oz pkg,
Selected Varieties

2/\$6



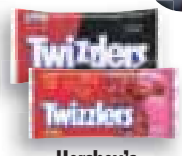
**Betty Crocker
Fruit Snacks**
8-10 oz box,
Selected Varieties

\$3⁴⁹



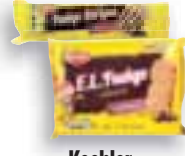
**Hershey's
Candy Bars**
6 ct,
Selected Varieties

\$6⁹⁹



**Hershey's
Twizzlers**
8-16 oz bag,
Selected Varieties

\$3⁹⁹



**Keebler
Cookies**
8.5-12.6 oz pkg,
Selected Varieties

\$3⁹⁹

HOUSEHOLD GOODS



**Essential Everyday
Cups**
18-20 ct pkg,
Selected Varieties

\$2⁴⁹



**Essential Everyday
Aluminum Foil**
75 sq ft roll

\$4⁴⁹



**Essential Everyday
Trash or Tall Kitchen Bags**
20-30 ct box,
Selected Varieties

\$4⁴⁹



**Ajax
Dish Liquid**
28 oz btl,
Selected Varieties

\$3³⁹



**Tide
Liquid Laundry Detergent**
46 oz btl,
Selected Varieties

\$10⁹⁹



**Essential Everyday
Fabric Softener Sheets**
40 ct box,
Selected Varieties

\$1⁹⁹



**Essential Everyday
Extra Strength
Eraser**
2 ct pkg

\$2⁴⁹

HEALTH & BEAUTY

**Crest Toothpaste,
Crest Glide Floss or
1 ct Oral B 3D White Pro
Flex Toothbrush**
3-3.8 oz, 3D White Toothpaste,
7-7.2 oz, Foam Toothpaste, 43.7 yd
Glide Floss, 1 ct Oral B Toothbrush

\$5⁴⁹



**Tums
Antacid**
28-96 ct,
Selected Varieties

\$6⁴⁹



**Speed Stick or
Lady Speed Stick
Deodorant**
2.1-3 oz pkg,
Selected Varieties

2/\$6



**Q-tips
Cotton Swabs**
300-375 ct pkg

\$4⁴⁹



**Kotex Liners,
Pads or Tampons**
28-129 ct,
Selected Varieties

\$7⁹⁹

PET CORNER



**Essential Everyday
Dry Cat Food**
16 lb bag,
Selected Varieties

\$22⁴⁹



**Wild Harvest
Cat Food**
5.5 oz pkg,
Selected Varieties

\$1³⁹



**Friskies Party Mix
Cat Treats**
2.1 oz pkg,
Selected Varieties

\$2²⁹



**Essential Everyday
Dog Food**
22 oz can,
Selected Varieties

\$2⁷⁹



Sweet, Juicy Mangos	\$2²⁹ ea	1 lb bag Baby Cut Carrots	2/\$4	5-12 oz bag, Selected Varieties Salad Blends	2/\$6
					
Fresh Broccoli Crowns	Sweet, Crunchy Red, Yellow or Orange Bell Peppers	On The Vine Tomatoes	8 oz pkg, Whole or Sliced White Mushrooms	Vine Ripe Cantaloupe	
\$2²⁹ lb	2/\$5	\$2⁶⁹ lb	2/\$5	\$1⁷⁹ lb	

DELI			BAKERY		
Available at participating stores.			Available at participating stores.		
Deli Fresh, Selected Varieties Kretschmar Seasoned Chicken Breast		\$10⁴⁹ lb	Bakery Fresh French Loaf	Bakery Fresh Long Johns 4 ct pkg	\$4⁴⁹
	Cheddar Cheese Sliced Fresh in our Deli	\$6⁴⁹ lb		Cheesecake or Parfait Cups 4.5-5 oz pkg, Selected Varieties	\$2⁹⁹
	Ellsworth Cheese Curds 16 oz pkg, Selected Varieties	\$5⁹⁹		Specialty Bakers Dessert Shells 4 ct pkg	\$2⁴⁹
	Bacon & Blue Cheese Potato Salad Deli Fresh	\$5⁴⁹ lb			

Spring is in the air!

Check Out Our
New Seasonal Products.
Yard Decorations, Games,
Summer Apparel and More!

Lawn is Lava
Game
\$19⁹⁹

Summer
Straw Hats
\$14⁹⁹

Owl
Yard Statues
\$7⁹⁹



Hanging Planter
Design Kits
\$14⁹⁹



ALASKAN LIQUOR STORE				
Located Across Main Street				
750 ml, Crushed Pineapple or Ruby Red Grapefruit Stoli Vodka	750 ml Paul Masson Pineapple Brandy	12 Pack Sierra Nevada Celebration IPA	750 ml The Stag Cabernet Sauvignon	750 ml Barnard Griffin Merlot
\$14⁹⁹	\$14⁹⁹	\$22⁹⁹	\$18⁴⁹	\$14⁹⁹