

flaming hot **PRICES**



**Pork
Sirloin Roast**
Boneless, Fresh
\$3¹⁹
lb

**Essential Everyday
Boneless Skinless
Chicken Breasts**
3 lb bag,
Individually Quick Frozen
\$7⁴⁹

**Beef
Petite Sirloin
Steaks**
Boneless, Valupak
\$6⁹⁹
lb

FRESH *produce!*



**Red Ripe
Strawberries**
1 lb pkg

2/\$8

**Fresh
Blueberries**
6 oz

2/\$9

**Sweet
Clementines
or Tangerines**
3 lb bag

\$6⁹⁹



5 pk/7.25 oz boxes
**Kraft
Mac & Cheese
Dinner**

\$7⁹⁹



12 oz pkg,
Selected Varieties
**Essential Everyday
Vegetables**

\$1⁹⁹



7-8 oz pkg,
Selected Varieties
**Kraft Chunk or
Shredded Cheese**

2/\$7



14.5-15 oz pkg,
Selected Varieties
**IGA
Tomatoes**

2/\$3



64 oz btl,
Selected Varieties
**Langers
Cranberry Cocktails or
Apple Juice Blends**

\$3⁹⁹



48 oz ctn,
Selected Varieties
**Breyers
Ice Cream**

\$4⁹⁹



6 ct Big Rolls Bounty or
6 ct Mega Rolls Charmin,
Selected Varieties
**Bounty Essentials Paper
Towels or Charmin
Essentials Bath Tissue**

\$7⁹⁹



Great Savings WITH OUR HOT PRICES!



**Howers IGA
Supermarket**

Serving Haines For 70 Years Locally Owned and Operated
A Five Star IGA Retailer
Shop at Home • Support Your Community

OUR STORE HOURS:
8:30 a.m. - 7:30 p.m. Monday thru Saturday,
and 11:00 a.m. - 6:00 p.m. Sunday

No Sales to Dealers. Food Stamps Gladly Accepted.

All Items May Not Be Available In All Stores. • Not responsible for typographical errors

PRICES EFFECTIVE APRIL 24 - APRIL 30, 2024

No Sales to Dealers. Food Stamps Gladly Accepted. All Items May Not Be Available In All Stores. • Not responsible for typographical errors • Quantity rights reserved ©2024 UNFI INC.

POSTAL CUSTOMERS
Haines, AK 99827
Permit No. 14
PAID
U.S. Postage
MKT

THE FINEST *meat selections*



Sirloin
Pork Chops
Boneless, Valupak

\$3⁴⁹
lb



Beef
Sirloin Tip Steak
Boneless, Valupak

\$6³⁹
lb



Beef
Sirloin Tip Roast
Boneless

\$5⁹⁹
lb



Kentucky Legend
Quarter Sliced Hams
Assorted Varieties

\$5⁴⁹
lb



Kentucky Legend
Bacon
16 oz pkg,
Selected Varieties

\$5⁴⁹



Hill Meat Company
Boneless Ham Steak
12 oz pkg,
Selected Varieties

\$5⁷⁹



Oscar Mayer
Deli Fresh Lunchmeats
16 oz pkg,
Selected Varieties

\$8⁹⁹



El Monterey
Breakfast Burritos
36 oz pkg,
Selected Varieties

\$12⁹⁹



Hart
Chip Tenders
22 oz pkg,
Selected Varieties

\$5⁷⁹



Tyson
Chicken Drumsticks or Thighs
2.5 lb bag,
Individually Quick Frozen

\$5⁹⁹



Jen's
Beef Bolognese or
Homestyle Sloppy Joe
16 oz pkg

\$5⁸⁹



Simply Potatoes
Mashed Potatoes
24 oz pkg,
Selected Varieties

\$3⁹⁹



Arctic Shores
Pollock Fillets
16 oz pkg

\$5⁹⁹



Arctic Shores
Cooked Shrimp
16 oz pkg, 61-70 ct

\$8⁹⁹



Arctic Shores
Large Raw Shrimp
16 oz pkg, 31-40 ct

\$7⁴⁹

FROZEN *specials*



Birds Eye
Voila! Skillet Meals
21 oz bag,
Selected Varieties

\$7⁹⁹



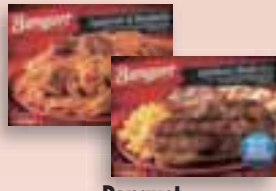
Arby's, Red Robin or
Checker's Fries or Onion Rings
14-28 oz pkg,
Selected Varieties

\$5⁹⁹



Ore-Ida
Bagel Bites Pizza Snacks!
40 ct pkg

\$10⁹⁹



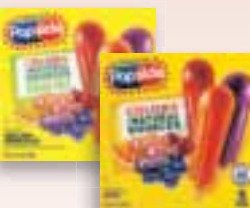
Banquet
Classics Meals
7.4-11.88 oz pkg,
Selected Varieties

2/\$5



IGA
Frozen Waffles
10 ct box,
Selected Varieties

2/\$6



Popsicle
Brand Ice Pops or Fudge Pops
18 ct box,
Selected Varieties

\$6²⁹



Dove
Ice Cream Bars
8.67 oz pkg,
Selected Varieties

\$5⁴⁹



Nestlé
Drumstick Sundae Cones or
Oreo Cones or Cups
16.9-36.8 oz pkg,
Selected Varieties

\$8⁹⁹

DAIRY *specials*



Kraft
Sliced Cheese
7-8 oz pkg,
Selected Varieties

2/\$6



Essential
Everyday
Jumbo Biscuits
16 oz pkg,
Selected Varieties

2/\$6



Knudsen
Cottage Doubles
4.7 oz pkg,
Selected Varieties

\$1²⁹



Crystal Farms
Cream Cheese
8 oz pkg,
Selected Varieties

\$2⁹⁹



Darigold
Fit Milk
59 oz ctn,
Selected Varieties

\$6⁹⁹



Smart Balance
Spread
13-15 oz tub,
Selected Varieties

\$5⁴⁹



Dole
100% Juice Blends
59 oz ctn,
Selected Varieties

\$5⁴⁹



Chobani
Greek Yogurt
32 oz tub,
Selected Varieties

\$6⁹⁹



Chobani
Less Sugar Greek Yogurt
5.3 oz pkg,
Selected Varieties

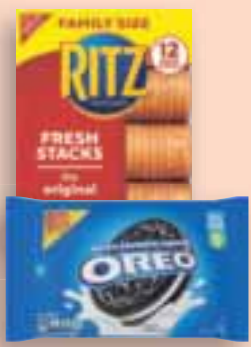
\$1⁶⁹

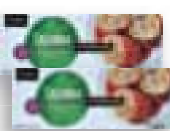
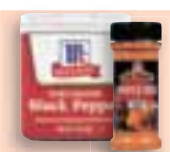
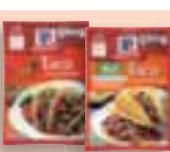
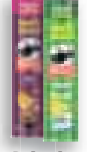
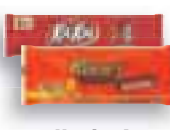


Kozy
Shack Pudding
22 oz tub,
Selected Varieties

\$4⁹⁹

GROCERY

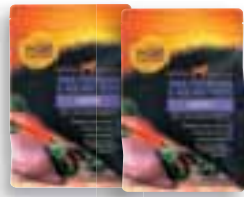
 Nabisco Family Size Oreo Cookies or Ritz Crackers 10.6-18.7 oz Oreo or 17.8-20.5 oz Ritz \$5⁹⁹	 Kellogg's Zesta or Sunshine Krispy Saltine Crackers 16 oz box \$4⁴⁹	 IGA or Essential Everyday Chunk Light Tuna 5 oz can, Selected Varieties \$1²⁹
 IGA Ketchup 20 oz pkg \$1⁹⁹	 Essential Everyday Coffee 10-12 oz bag, Selected Varieties \$5⁹⁹	 Quaker Cereal 10.3-12.6 oz Cap'n Crunch or 13 oz Life, Selected Varieties \$4⁹⁹

 Cheetos Mac 'N Cheese 2.11-2.32 oz cup, Selected Varieties 2/\$4	 Rice-a-Roni or Pasta-Roni 1.97-2.25 oz cup, Selected Varieties 2/\$3	 Essential Everyday Broth 14.5 oz can, Selected Varieties \$1³⁹	 Wild Harvest Organic Pasta Sauce 24 oz jar, Selected Varieties \$3⁹⁹	 Essential Everyday Lasagna Noodles 16 oz box \$2²⁹	 Essential Everyday Dinner Mix 5.6-6.4 oz box, Selected Varieties \$1⁹⁹	 Heinz HomeStyle Gravy 12 oz jar, Selected Varieties 2/\$6	
 Kraft Velveeta Skillet or Casserole Meal 11.5-13.6 oz pkg, Selected Varieties \$3⁹⁹	 IGA Salad Dressing 16 oz pkg, Selected Varieties 2/\$5	 McCormick Grill Mates Rub or Pure Ground Pepper 4.87-6 oz Grill Mates Rub or 3 oz Pepper \$4⁷⁹	 McCormick Grill Mates Spices or Grinders 2.5-3.4 oz Spices or .7-2.12 oz Grinders, Selected Varieties 2/\$6	 McCormick Taco Seasoning 1-1.12 oz env, Selected Varieties \$1¹⁹	 Quaker Quick or Old Fashioned Oats 42 oz cnstr, Selected Varieties \$7⁹⁹	 Log Cabin Syrup 24 oz btl \$4⁴⁹	
 IGA Creamy Peanut Butter 40 oz jar \$6⁴⁹	 IGA Granulated Sugar 4 lb bag \$4²⁹	 IGA Bleached All Purpose Flour 5 lb bag \$4⁴⁹	 Essential Everyday Dried Cranberries 5 oz pkg \$2⁴⁹	 IGA Toaster Pastries 6 ct box, Selected Varieties 2/\$5	 Essential Everyday Fruit & Grain Cereal Bars 8 ct box, Selected Varieties \$3⁴⁹	 Mio Liquid Water Enhancer 3.24 oz pkg, Selected Varieties \$7⁹⁹	
 Crystal Light, Kool-Aid or Tang Liquid Drink Mix or Mio Liquid Water Enhancer 1.62 oz pkg, Selected Varieties \$3⁹⁹	 Arrowhead Mountain Spring Water 12 pk/12 oz btl \$6⁴⁹	 Kellogg's Party Pack Toasted Crackers 12 oz box \$5³⁹	 Kellogg's Club Crackers 7.1-13.7 oz pkg, Selected Varieties \$4⁹⁹	 Pringles Party Stack Potato Crisps 6.8-7.1 oz can, Selected Varieties \$3⁵⁹	 Savings Down Every Aisle!	 Jet-Puff Marshmallows 16 oz bag, Selected Varieties \$2⁷⁹	 Hershey's Snack Size Candy Bars 8 ct pkg, Selected Varieties 2/\$5

HEALTH & BEAUTY

 Dove Shampoo or Conditioner 12 oz btl, Selected Varieties \$4⁹⁹	 Tylenol Extra Strength Caplets 100 ct box \$14⁹⁹	 BAND-AID Brand Premium Bandages 10-30 ct pkg, Selected Varieties \$5²⁹	 Secret or Gillette Clinical Deodorant 1.6 oz pkg, Selected Varieties \$8⁴⁹	 Pepto Bismol Chewable Mint Tablets 24 ct pkg, Selected Varieties \$9⁴⁹	 Equaline Mouthwash 16.9 oz btl, Selected Varieties \$3⁹⁹
---	--	---	--	--	--

PET CORNER

 Wild Harvest Dog Food 3.5-4 lb bag, Selected Varieties \$11⁴⁹	 Wild Harvest Puppy Food 3.5 lb pkg, Selected Varieties \$11⁴⁹	 Essential Everyday Dog Biscuits 24 oz box, Selected Varieties \$3⁹⁹	 Essential Everyday Dog Food 13.2 oz can, Selected Varieties \$1⁹⁹
---	---	---	--

HOUSEHOLD GOODS

 Essential Everyday Ultra Concentrated Liquid Detergent 100 oz btl, Selected Varieties \$13⁹⁹	 Essential Everyday Soft & Strong Facial Tissue 160 ct box \$2¹⁹
--	---

BABY

 Gerber Snacks for Toddler or Baby 1.48 oz pkg, Selected Varieties 2/\$6	 Gerber Mealtime for Toddler or Lil' Entrées 5.3-6.7 oz pkg, Selected Varieties \$3¹⁹	 Gerber Mealtime for Toddler Entrées or Breakfast Buddies 4.5-6 oz pkg, Selected Varieties \$2⁷⁹	 Wild Harvest Baby Food Pouch 3.5 oz pouch, Selected Varieties \$1⁸⁹	 Luvs Ultra Leakguard Diapers 74-88 ct box, Selected Varieties \$22⁹⁹
--	--	---	---	--

FRESH *produce!*

Crisp Fresh Cucumbers
2/\$3

Crisp Iceberg Lettuce
\$2⁴⁹ ea

9-13.5 oz bag, Selected Varieties Chopped Salad Kits
2/\$9

10-16 oz bag, Selected Varieties Carrot Chips Matchsticks or Baby Carrots
2/\$5

Fresh Green Bell Peppers
4/\$5

5 lb bag Red Potatoes
\$3⁹⁹

pint Grape Tomatoes
\$3⁴⁹

Sweet Pineapple
\$4⁹⁹ ea

DELI

Available at participating stores.

Deli Fresh, Selected Varieties Kretschmar Seasoned Turkey Breast
\$9⁴⁹ lb

Swiss Cheese Sliced Fresh in our Deli
\$6⁴⁹ lb

Mini Babybel Semi-soft Cheese 12 ct pkg, Selected Varieties
\$9⁴⁹

Reser's Red Skinned Potato Salad 1 lb cntr
\$3⁹⁹

BAKERY

Available at participating stores.

Bakery Fresh French Bread
\$2⁴⁹ ea

Seattle Bagels 4 ct pkg, Selected Varieties
\$3⁹⁹

Café Valley Turnovers 4 ct pkg, Selected Varieties
\$6⁴⁹

Lofthouse Frosted Sugar Cookies 10 ct pkg, Selected Varieties
\$4⁴⁹

Spring Toy Sale

Kites • Bubbles • Water Bottles
Yard Games & More

Xshot Skins Dart Guns
\$9⁹⁹

Jumbo Kickball Set
\$34⁹⁹

Zak Kids Water Bottles
\$7⁴⁹

Pickleball Set
\$39⁹⁹

Bubble Torch
\$7⁹⁹

ALASKAN LIQUOR STORE

Located Across Main Street

4 Pack Nitro Candy Cane
\$9⁹⁹

750 ml Menage A Trois Red Blend Wine
\$13⁹⁹

750 ml FFC Directors Cut Cabernet Sauvignon Wine
\$19⁹⁹

6 Pack King Street Hefeweizen Brewery
\$12⁹⁹

750 ml Goldschlager Liqueur
\$22⁹⁹