

All specials are on sale from October 2, 2024 to October 15, 2024 | Open Daily from 7am to 9pm

VALLEY FRESH MARKET

real food from local people

608 Alamo Pintada, Solvang, CA 93463 | 805.688.3236

WESTRIDGE

• Midtown Market •

131 w. Ojai Avenue, Ojai, CA 93023 | 805.646.4082



Fresh Chicken Leg Quarters **99¢/Lb.**

Tender, juicy and delicious Chicken for a terrific meal anytime!
These are wonderful prepared in so many ways.



Creamy Organic Hass Avocados **99¢/Ea.**

Make your meals luscious with hass fresh avocados.
For tastier tacos, better burgers and super salads.



German Potato Salad **\$8.99/Lb.**

Sold in the Deli Department.



Stuffed Pork Chops **\$2.99/Lb.**

Sold in the Meat Department.



Cinnamon Roll Ice Blended Coffee **\$4.99/Ea.**

Large Size.



Daytrip Prebiotic Soda **2 For \$5^{+crv}**

Selected Varieties. 12 oz. Can.



Fresh Made Chili **\$8.99/Lb.**

Sold in the Deli Department.



Homemade Corn Bread **\$3.99/Ea.**

Sold in the Deli Department. 6 oz. Pkg.



Small, Medium or Large Size Pumpkins

Don't forget your Fall favorites! Locally sourced.



**Sweet and Delicious
Apple Pie Slice** \$4.99/Ea.

This delicious Pie is wonderful by itself or with a scoop of ice cream for dessert this week. 5 oz. Package.

Available this week in our bakery department



**Assorted
Dessert Bars**
\$4.99/Ea.

Sweet treats with layers or a single dense texture, making them perfect for a portable, easy-to-eat dessert. Assorted Varieties.



**Sugar Bowl
Bakery
Palmiers and
Madelines**
\$5.99/Ea.

Selected Varieties.
5.8-8 oz. Package.



**Full Loaf
Garlic Bread**
\$2.99/Ea.

Use garlic bread to scoop up or dip into sauces like marinara, Alfredo, or Bolognese. The bread soaks up the flavors of the sauce and adds a garlicky, buttery element to the bite.

Available in our juice and coffee bar



**Salted Caramel
Latte**

\$4.49/Medium Size

You can enjoy it hot or as an iced salted caramel latte. Both versions offer the same rich flavors, but the texture and temperature change the drinking experience.



**Fresh
Red Eye** \$2.99/Large Size
Great for a quick energy burst!



**Complete Beet
Juice** \$5.99/Medium Size
High in vitamins and minerals.

Specialty cheese picks for you this week



**Fiorucci
Panino** \$7.49/Ea.
Selected Varieties. 6 oz. Package.



**Point Reyes
Toma Cheese** \$7.99/Ea.
Selected Varieties. 6 oz. Package.



**Castello
Havarti** \$6.99/Ea.
Selected Varieties. 7 oz. Package. Havarti is a well-rounded cheese that can be enjoyed in various ways. To experience its pure, buttery taste, try dicing or slicing the cheese and eating it on its own.



Beef Tri Tip Roast **\$9.99**/Lb.

Cooked beef tri-tip is a versatile, flavorful cut of meat that can be used in a variety of dishes. Perfect for sandwiches, tacos, salads, chili, stir-fry and so much more.

Let us help with dinner or lunch this week!



Cracked Pepper Turkey Breast **\$12.99**/Lb.

Generously seasoned with cracked black peppercorns and paprika. This better for you Turkey is certified heart healthy.



Muenster Cheese **\$8.99**/Lb.

Made under the watchful eye of Wisconsin Master Cheesemakers, this cheese is handcrafted and accented with an edible natural Annatto colored rind.

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Chicken Pot Pie Casserole **\$9.99**/Lb.

All the traditional flavors into a hearty casserole that's perfect for feeding a crowd or enjoying as leftovers.



Mashed Sweet Potatoes **\$7.99**/Lb.

A delicious, nutritious side dish! Pairs well with a variety of meals, from roasted meats to veggie dishes.



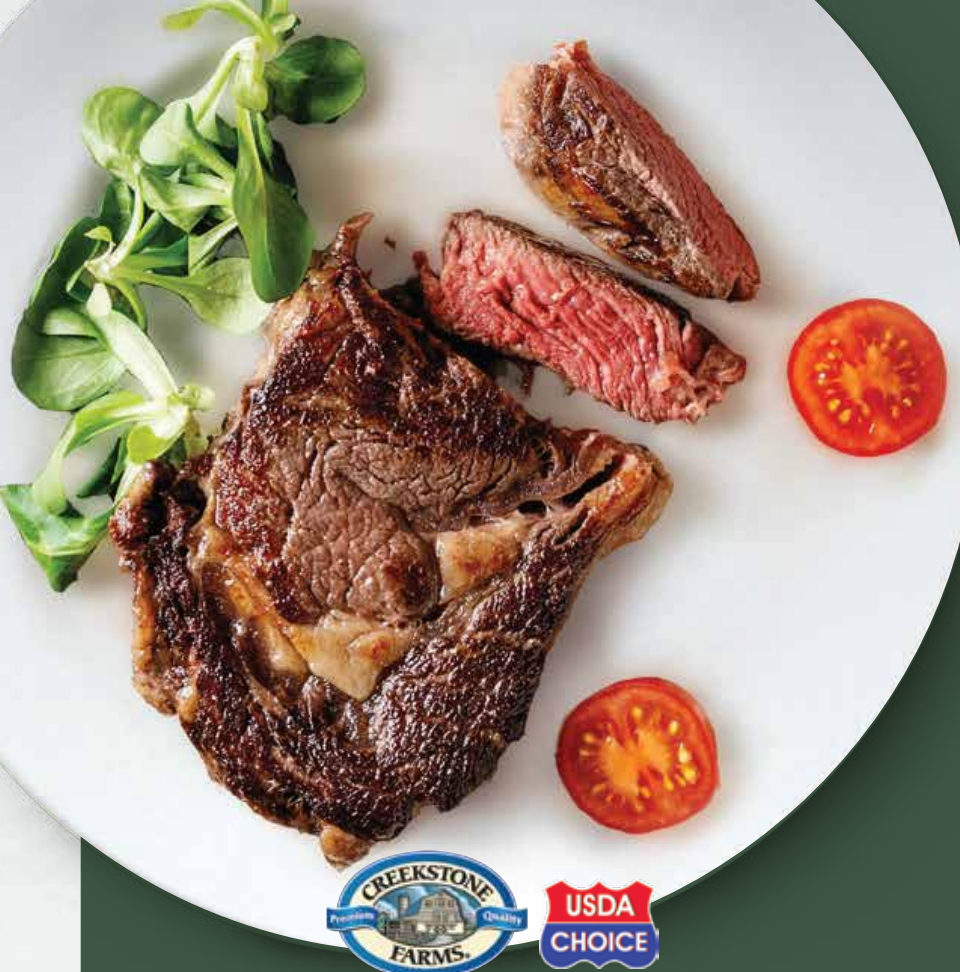
Fresh Homemade Dressing **\$6.99**/Lb.

Salad dressing can completely transform a salad by adding flavor, richness, and texture. Selected Varieties.



Chicken Salad **\$9.99**/Lb.

Chicken salad is a versatile, refreshing dish! It's perfect for sandwiches, wraps, or as a standalone salad.



Creekstone Farms USDA Choice Boneless Beef Rib Eye Steaks \$16.99/Lb.

It's the superior quality marbling that leads to super taste and tenderness in every bite. Taste the sizzle tonight!



Wild Caught Swordfish Steaks

\$11.99/Lb.

This fish has a strong flavor and a high oil content that makes it excellent for grilling. Previously Frozen.



Wild Caught Red Argentine Shrimp

\$12.99/Lb.

Whether you're sautéing, baking, or using shrimp in soups and salads, it's quick to cook & packed with flavor. 16-20 Ct. Previously Frozen.



Farm Raised Fresh Blue Mussels

\$4.99/Lb.

Known for their sweet and briny flavor, and they cook quickly, making them a great option for a quick and impressive meal.



Boneless & Skinless Fresh Chicken Thighs

\$2.99/Lb.

These are wonderful prepared in so many ways. On sandwiches, sliced over salads, in fajitas, or just marinated and broiled or barbecued to perfection! Enjoy...



Prairie Fresh Boneless Pork Loin Chops

\$3.99/Lb.

Today's Pork is a lean taste sensation with a lot more flavor and a lot less fat. Break from the routine and cook up some of these table tender beauties tonight.

Our meat department value picks of the week



Fresh Chicken Breast Cutlets

\$5.99/Lb.

Chicken breast cutlets are thin, boneless pieces of chicken breast that cook quickly and are versatile for a variety of recipes. A great choice for chicken fried steaks with gravy!



Fresh 80% Lean Ground Beef

\$4.99/Lb.

For the most juiciest & flavorful burgers!



Fresh Ground Pork

\$3.99/Lb.

A fresh & lean alternative to beef.



On the Vine Tomatoes \$1.99/Lb.

These tomatoes are so fresh, they're still on the vine. These are super salad, sandwich and burger slicers.



Sweet Pomegranates 2 For \$4

Brightly colored, shiny, firm and heavy. These Pomegranates are a real treasure. Try the juice in lemonade and enjoy!



Seedless Green or Red Grapes \$2.99/Lb.

Super sweet, crisp, crunchy and naturally delicious snacking grapes. No seeds about it!



Organic Russet Potatoes \$3.49/Ea.

Bake, boil or mash these beauties! Nice size bakers at an even better price. Sold in a 3 Lb. Package.

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Organic Bunched Broccoli \$3.99/Ea.

100% edible and 100% delicious. Very nutritious, too! Full and green bunches. Great raw, in salads or steamed.



Organic Fresh Crisp Carrots \$2.49/Ea.

Nibble on a Carrot in all its orange splendor and you'll be doing something good and healthy for yourself. 2 Lb. Bag.



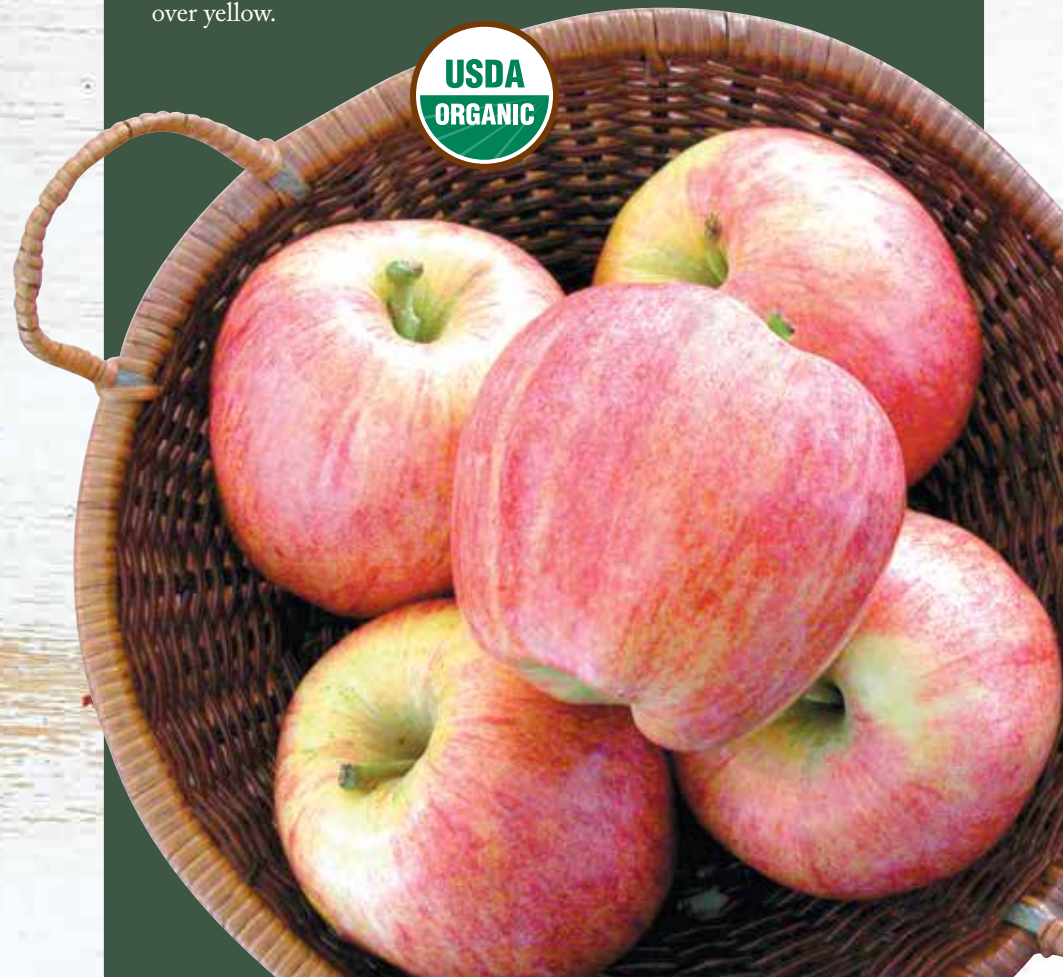
Organic Green Cabbage \$1.49/Lb.

Nice size heads that are compact and firm with crisp leaves & mild flavor. Cabbage can be eaten raw or cooked.

2 Lb. Bag • Organic Gala Apples

\$2.99 /Ea.

Sweet with a tart accent, crisp and tender, juicy and aromatic. Best diced on salads or eating out of hand. Beautiful with pinkish orange stripes over yellow.



This weeks grocery specials



**Crystal Geyser
Alpine Spring Water \$5.99^{+crv}**

Bottled natural spring water right at the spring source without trucking or blending. 35 Pack/16.9 oz. Bottles



**Ken's Steak House
Dressing 2 For \$7**
Selected Varieties. 16 oz. Bottle



**Cheetos or
Fritos Chips \$3.69**
Selected Varieties. 6.5-10 oz. Package



**Nabisco Snack
Crackers \$2.99**
Selected Varieties. 3.5-16.96 oz. Pkg.



**Kraft
Mac & Cheese 2 For \$3**
Selected Varieties. 5.5-7.25 oz. Pkg.



**Green Valley Organic
Beans 4 For \$5**
Selected Varieties. 15.5 oz. Pkg. or Can



**General Mills
Chex Cereal \$3.99**
Selected Varieties. 12 oz. Package



Clif Z Bars \$6.49
Selected Varieties. 6 Count Package



**Rao's
Pasta Sauce \$7.99**
Selected Varieties. 15-24 oz. Jar



**Kinder's
BBQ Sauce \$3.99**
Selected Varieties. 15.3-15.5 oz. Bottle



**Nutella Hazelnut
Spread \$4.49**
Selected Varieties. 13 oz. Canister



**Safely Laundry
Detergent \$15.99**
Selected Varieties. 64 oz. Bottle



**Pepsi
Soft Drinks \$3.99^{+crv}**
Selected Varieties. 6/7.5 oz. Cans



**Powerade Sports
Drink 10 For \$10^{+crv}**
Selected Varieties. 28 oz. Bottle



**Mountain Valley
Water \$2.79^{+crv}**
Selected Varieties. 1 Liter Bottle



**Birch Bender's
Pancake &
Waffle Mix \$5.49**
Selected Varieties. 10-16 oz. Package



**Coomb's Grade A
Organic Maple
Syrup \$8.99**
8 oz. Bottle

Specials available in our refrigerated, dairy and frozen cases



Galbani Ricotta Cheese or Mozzarella Cheese **2 For \$6**
Selected Varieties. 16-32 oz. Pkg. or Tub



Buitoni Filled Pasta or Marinara Sauce **2 For \$7**
Selected Varieties. 9-15 oz. Pkg. or Tub



Gallo Salame **\$5.99**
Selected Varieties. 12-15.2 oz. Package



Best Yet Shredded Cheese **\$6.99**
Selected Varieties. 32 oz. Package



Land O Lakes Butter **2 For \$9**
Selected Varieties. 13-16 oz. Package



Gold Peak Tea **\$2.99^{+crv}**
Selected Varieties. 52 oz. Bottle



Perfect Bars **\$2.99**
Selected Varieties. 1.94-2.5 oz. Pkg.



Rumiano Cheese **\$5.99**
Selected Varieties. 6-8 oz. Package



Vital Farms Hard Boiled Eggs **\$1.99**
Selected Varieties. 3 oz. Package



Uncle Matt's Orange Juice **\$7.99**
Selected Varieties. 52 oz. Bottle



Planet Oat Oatmilk or Creamer **2 For \$6**
Selected Varieties. 32-52 oz. Carton



Fage Greek Yogurt **2 For \$6**
Selected Varieties. 16 oz. Tub



Pepperidge Farm Garlic Bread or Texas Toast **\$2.99**
Selected Varieties. 9.5-11.25 oz. Pkg.



Lean Cuisine Entrees **2 For \$5**
Selected Varieties. 6-11.5 oz. Package



Armano Meatballs **\$8.99**
Selected Varieties. 32 oz. Package



Pepperidge Farms Layer Cakes or Turnovers **\$3.99**
Selected Varieties. 12.5-19.6 oz. Pkg.



Evergreen Plant-Based Waffles **\$5.99**
Selected Varieties. 9 oz. Package



Sambazon Acai Bowl or Smoothie **\$3.49**
Selected Varieties. 5.9 oz. Package



Morning Star Farms Meatless Entrees **\$3.99**
Selected Varieties. 5.25-12 oz. Package



Häagen-Dazs Ice Cream **\$3.99**
Selected Varieties. 14 oz. Carton



Corbett Canyon Wines
\$6.99^{+crv}
 Selected Varieties.
 1.5 Liter Bottle



Luli Pinot Noir
\$19.99^{+crv}
 750 ml. Bottle



La Crema Chardonnay or Pinot Noir
\$16.99^{+crv}
 750 ml. Bottle



Brick Barn Sauvignon Blanc
\$21.99^{+crv}
 750 ml. Bottle

Domestic and imported Beer Specials



Figueroa Mountain Brewing Co. **\$17.99**^{+crv}
 Selected Varieties. 12/12 oz. Cans



Firestone Brewing Co. **\$18.99**^{+crv}
 Selected Varieties.
 12/12 oz. Cans or Bottles



Modelo, Corona or Pacifico **2 For \$7**^{+crv}
 Selected Varieties. 24 oz. Can



Modelo or Pacifico **\$17.99**^{+crv}
 Selected Varieties.
 12/12 oz. Cans or Bottles

Liquor and spirits available this week



Bulleit Bourbon or Rye Whiskey
\$29.99^{+crv}
 750 ml. Bottle



Corazon Reposado Tequila
\$26.99^{+crv}
 750 ml. Bottle



Deep Eddy Vodka
\$19.99^{+crv}
 Selected Varieties.
 750 ml. Bottle



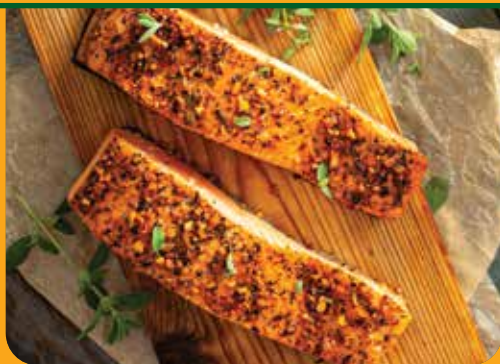
Buffalo Trace Bourbon Cream
\$19.99^{+crv}
 750 ml. Bottle

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DON'T MISS THESE LIMITED TIME SAVINGS!

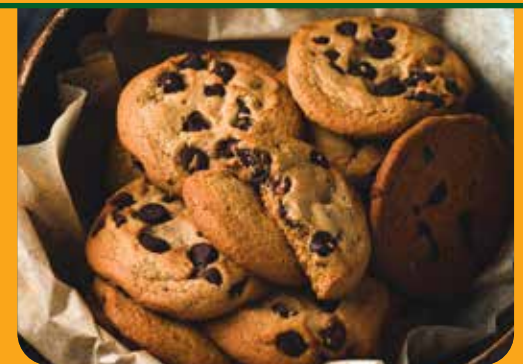
WEDNESDAY, OCT. 2, THURSDAY, OCT. 3, 2024 • TUESDAY, OCT. 8, THROUGH THURSDAY, OCT. 10, 2024 • TUESDAY, OCT. 15, 2024



Fresh Baked Atlantic Salmon **\$18.99**_{/Lb.}
 Farm Raised. Sold in the Deli Department.



Sweet Yellow Onions **\$1.29**_{/Lb.}
 Wonderful for adding flavor to any recipe.



Large Size Cookies **2 For \$5**
 Selected Varieties. 4 oz. Package

TUESDAY, WEDNESDAY AND THURSDAY ONLY