

# IT IS ONLY NATURAL AND ORGANIC

January 2025

Thank you for shopping local!

<p><b>La Croix Sparkling Water</b> Selected Varieties 8 pk. <b>\$3.99</b> 12 pk. <b>\$5.99</b></p>	<p><b>Boulder Canyon All Natural Potato Chips</b> Selected Varieties 5.25 to 6.5 oz. <b>2 for \$7</b></p>	<p><b>Seeds of Change Organic Rice or Grains</b> Selected Varieties 6.5 oz. <b>\$2.99</b></p>	<p><b>Cascadian Farm Organic Cereals or Bars</b> Selected Varieties 6 to 14.6 oz. <b>\$4.49</b></p>
<p><b>Annie's All Natural Pasta</b> Selected Varieties 5.25 to 6 oz. <b>3 for \$5</b></p> <p><b>Annie's Soups</b> Selected Varieties 14 to 14.3 oz. <b>\$3.49</b></p>	<p><b>Organic India Teas</b> Selected Varieties 18 ct. <b>\$4.49</b></p>	<p><b>Nixie Organic Zero Sugar Sodas</b> Selected Varieties 12 oz. <b>2 for \$4</b></p> <p><b>Nixie Organic Sparkling Water</b> Selected Varieties 8 Packs <b>\$5.99</b></p>	<p><b>Lifeway Organic Kefir</b> Selected Varieties 32 oz. <b>\$5.99</b></p>
<p><b>Remedy Organics Superfood Plant-Based Protein Shakes</b> Selected Varieties 12 oz. <b>2 for \$7</b></p>	<p><b>Kate's Organic Real Food Bars</b> Selected Varieties 2.2 oz. <b>2 for \$5</b></p>	<p><b>Brown Cow All Natural Yogurt</b> Selected Varieties 5.3 oz. <b>4 for \$5</b></p>	<p><b>Evolution Fresh Organic Juices</b> Selected Varieties 15.2 oz. <b>\$4.99</b></p>
<p><b>Beanitos Bean Snacks</b> Selected Varieties 5 to 5.5 oz. <b>2 for \$7</b></p>	<p><b>R.W. Knudsen Juices</b> Selected Varieties 32 oz. <b>\$7.99</b></p>	<p><b>Good Health Snacks</b> Selected Varieties 5 to 6.25 oz. <b>\$2.99</b></p>	<p><b>Canyon Bakehouse Gluten Free Bagels, Muffins, Bread, Rolls or Buns</b> Selected Varieties 10.8 to 18 oz. <b>\$6.99</b></p> <p>Canyon Bakehouse Heritage Bread Selected Varieties 24 oz. <b>\$8.49</b></p>
<p><b>Seven Sundays Cereals</b> Selected Varieties 8 oz. <b>\$6.99</b></p>	<p><b>Almond Breeze Non-Dairy Beverages</b> Selected Varieties 52 to 64 oz. <b>\$4.49</b></p>	<p><b>Alter Eco Organic Chocolate Bars or Truffles</b> Selected Varieties 2.65 to 2.96 oz. <b>\$3.99</b></p>	<p><b>Good Belly Organic Probiotics Juice Drinks</b> Selected Varieties 32 oz. <b>2 for \$6</b></p>
<p><b>Dr. Praeger's Veggie Burgers or Plant-Based Entrees</b> Selected Varieties 8 to 10 oz. <b>\$5.99</b></p>	<p><b>Lesser Evil Organic Snacks</b> Selected Varieties 3 to 6.4 oz. <b>\$3.49</b></p>	<p><b>Aura Bora Sparkling Water</b> Selected Varieties 12 oz. <b>3 for \$5</b></p>	<p><b>Hint Fruit Infused Water</b> Selected Varieties 16 oz. <b>2 for \$3</b></p>
<p><b>SunButter Sunflower Butter</b> Selected Varieties 16 oz. <b>\$6.99</b></p>	<p><b>Mamma Chia Organic Squeeze Fruit Blends</b> Selected Varieties 3.5 oz. <b>3 for \$5</b></p>	<p><b>Bear Fruit Snacks</b> Selected Varieties 3.5 oz. <b>\$4.49</b></p>	<p><b>KeVita Organic Sparkling Probiotic Drinks</b> Selected Varieties 12 oz. <b>2 for \$5</b></p>
<p><b>Keto Ice Cream</b> Selected Varieties 16 oz. pints <b>\$5.99</b></p>	<p><b>Nasoya Organic Tofu</b> Selected Varieties 14 to 16 oz. <b>\$2.99</b></p>	<p><b>Greek Gods Greek Yogurt</b> Selected Varieties 24 oz. <b>\$4.99</b></p>	<p><b>Made in Nature Organic Dried Fruits</b> Selected Varieties 3 to 12 oz. <b>\$4.99</b></p>
<p><b>Mush Overnight Oats</b> Selected Varieties 5 oz. <b>2 for \$4</b></p>	<p><b>Darrell Lea Australian Licorice</b> Selected Varieties 7 oz. <b>2 for \$6</b></p>	<p><b>Rishi Organic Tea</b> Selected Varieties 15 ct. <b>\$7.99</b></p>	<p><b>Bare Organic Baked Fruit Snacks</b> Selected Varieties 3 oz. <b>\$5.49</b></p>
<p><b>MALK Plant Based Beverage</b> Selected Varieties 28 oz. <b>\$5.99</b></p>	<p><b>Drumroll Mini Donuts</b> Selected Varieties 10 g Sugar, 10 g Protein, 2.6 oz. <b>\$2.99</b></p>	<p><b>Siggis Icelandic Style Yogurt</b> Selected Varieties 24 oz. <b>\$5.99</b></p>	<p><b>Bizzy Organic Cold Brew</b> Selected Varieties 48 oz. <b>\$5.99</b></p>
<p><b>Darrell Lea Premium Chocolate</b> Selected Varieties 5.6 to 6.4 oz. <b>2 for \$7</b></p>	<p><b>Poppi Sparkling Drinks</b> 12 oz. <b>2 for \$4</b></p>	<p><b>Noka Organic Superfood Smoothies</b> Selected Varieties 4 pk. <b>\$7.49</b></p>	<p><b>Roar Organic Drinks</b> Selected Varieties 18 oz. <b>2 for \$4</b></p>
<p><b>Native Forest Organic Coconut Milk</b> Selected Varieties 13.5 oz. <b>\$2.99</b></p>	<p><b>Larabar All Natural Bars</b> Gluten Free 1.6 to 1.7 oz. <b>4 for \$5</b></p>	<p><b>Skinny Dipped Nut Snacks</b> Selected Varieties 3.5 to 4 oz. <b>\$4.99</b></p>	

<p><b>Muir Glen Organic Tomatoes</b> Selected Varieties 14.5 to 15 oz. <b>2 for \$5</b></p> <p><b>Muir Glen Pasta Sauce</b> Selected Varieties 23.5 oz. <b>\$3.99</b></p>	<p><b>Waterloo Sparkling Water</b> 8 Pack <b>\$4.49</b></p> <p><b>Waterloo Sparkling Water</b> 12 Pack <b>\$5.99</b></p>
<p><b>La Tourangelle Organic Extra Virgin Olive Oil</b> Selected Varieties 25.4 oz. <b>\$19.99</b></p> <p><b>La Tourangelle Avocado Oil</b> Selected Varieties 16.9 oz. <b>\$12.99</b></p>	<p><b>Dave's Killer Bread Organic Protein Bars</b> 1.9 oz. <b>2 for \$5</b></p> <p>4 Pack <b>\$5.99</b></p>
<p><b>Pacific Foods Organic Soups</b> Selected Varieties 16.1 to 16.3 oz. <b>\$3.99</b></p>	<p><b>Nancy's Organic Yogurt or Kefir</b> Selected Varieties 32 oz. <b>\$5.99</b></p>
<p><b>Stash Tea</b> 18 to 20 Count Bags <b>2 for \$7</b></p>	<p><b>Purely Elizabeth Granolas &amp; Cereals</b> Selected Varieties 8 to 12 oz. <b>\$6.99</b></p>
<p><b>Alter Eco Organic Chocolate Bars or Truffles</b> Selected Varieties 2.65 to 2.96 oz. <b>\$3.99</b></p>	<p><b>Good Belly Organic Probiotics Juice Drinks</b> Selected Varieties 32 oz. <b>2 for \$6</b></p>
<p><b>Mamma Chia Organic Squeeze Fruit Blends</b> Selected Varieties 3.5 oz. <b>3 for \$5</b></p> <p>Mamma Chia Organic Beverages 10 oz. <b>\$2.99</b></p>	<p><b>Bear Fruit Snacks</b> Selected Varieties 3.5 oz. <b>\$4.49</b></p>
<p><b>KeVita Organic Sparkling Probiotic Drinks</b> Selected Varieties 12 oz. <b>2 for \$5</b></p>	<p><b>NutPods Non-Dairy Creamer</b> Selected Varieties 25.4 oz. <b>\$4.99</b></p> <p>NutPods Non-Dairy Creamer Selected Varieties 11.2 oz. <b>\$3.49</b></p>
<p><b>Siggis Icelandic Style Yogurt</b> Selected Varieties 24 oz. <b>\$5.99</b></p>	<p><b>Bizzy Organic Cold Brew</b> Selected Varieties 48 oz. <b>\$5.99</b></p>
<p><b>Larabar All Natural Bars</b> Gluten Free 1.6 to 1.7 oz. <b>4 for \$5</b></p>	<p><b>Skinny Dipped Nut Snacks</b> Selected Varieties 3.5 to 4 oz. <b>\$4.99</b></p>

<p><b>Ithaca Hummus</b> 10 oz. <b>\$4.49</b></p>	<p><b>4th &amp; Heart Ghee</b> Selected Varieties 9 oz. <b>\$10.99</b></p> <p>4th &amp; Heart Ghee Spray 5 oz. <b>\$7.99</b></p>
<p><b>Jackson's Sweet Potato Chips</b> Selected Varieties 5 oz. <b>2\$7</b></p>	<p><b>Violife Dairy Free Cheese</b> Soy Free, Vegan 5.29 to 8.1 oz. <b>\$4.99</b></p>
<p><b>Tasty Bite Ready to Heat Rice</b> Selected Varieties 8.8 oz. <b>2\$7</b></p> <p>Tasty Bite Ready to Heat Entrees Selected Varieties 10 oz. <b>2\$8</b></p>	<p><b>Miyoko's Creamery Organic Plant Based Cream Cheese or Butter</b> Selected Varieties 6 to 12 oz. <b>\$4.99</b></p>
<p><b>Westbrae Organic Beans</b> Selected Varieties 15 oz. <b>2\$6</b></p>	<p><b>Field Roast Plant Based Sausages or Stadium Dogs</b> Selected Varieties 9.31 to 12.95 oz. <b>\$6.99</b></p>
<p><b>Deep Indian Kitchen Authentic Indian Entrees</b> Selected Varieties 7.5 to 12 oz. <b>\$5.99</b></p>	<p><b>Lakanto Monkfruit Sweetener</b> Selected Varieties 16 oz. <b>\$8.99</b></p>
<p><b>Near East Rice Pilafs and Blends</b> Selected Varieties 5.25 to 10 oz. <b>2\$5</b></p>	<p><b>Sunfood Organic Superfoods</b> Selected Varieties 2 to 8 oz. <b>\$11.99</b></p>
<p><b>Primal Kitchen Sauces</b> Selected Varieties 8.5 to 9 oz. <b>\$5.99</b></p> <p>Primal Kitchen Dressings Selected Varieties 8 oz. <b>\$6.99</b></p>	<p><b>Ener-C 1000mg Vitamin C Multivitamin Drink Mix</b> Selected Varieties 30 ct. <b>\$13.99</b></p>
<p><b>Tazo Organic Teas</b> Selected Varieties 16 to 20 Count <b>\$4.49</b></p>	<p><b>Lakewood Juices Organic Juices</b> Selected Varieties 32 oz. <b>\$7.99</b></p>
<p><b>SweetLeaf Water Drops or Sweet Drops</b> Selected Varieties 1.62 to 1.7 oz. <b>2\$7</b></p>	<p><b>Lily of the Desert Organic Aloe Vera Gel or Juice</b> Selected Varieties 32 oz. <b>\$6.99</b></p>
<p><b>Seventh Generation Laundry Detergent</b> Selected Varieties 23.1 to 90 oz. <b>\$15.99</b></p>	<p><b>Dr. Bronner's Pure Castile Liquid Soaps</b> Selected Varieties 16 oz. <b>\$9.99</b></p>

<p><b>Zevia Zero Sugar Sodas</b> Selected Varieties 6 Packs <b>\$6.49</b></p> <p><b>Califa Farms Barista Blend Creamers</b> Selected Varieties 32 oz. <b>\$4.99</b></p>	<p><b>Van's Frozen Waffles</b> Selected Varieties 8 oz. to 12.4 oz. <b>\$3.99</b></p>	<p><b>Kite Hill Dairy-Free Sour Cream</b> Selected Varieties 8 oz. <b>\$3.99</b></p> <p>Kite Hill Dairy Free Cream Cheese Selected Varieties 8 oz. <b>\$6.99</b></p>
<p><b>Teecino Herbal Teas</b> Selected Varieties 10 ct. <b>\$5.99</b></p>	<p><b>Four Sigmatic Organic Coffee</b> Selected Varieties 10 to 12 oz. <b>\$14.99</b></p>	<p><b>Coombs Family Farms Organic Maple Syrup</b> Selected Varieties 8 oz. <b>\$8.99</b></p> <p>12 oz. <b>\$12.99</b></p>
<p><b>Bigelow Specialty Teas</b> Selected Varieties 18 to 20 Count <b>\$2.99</b></p>	<p><b>Ancient Harvest Organic Quinoa Pasta</b> Selected Varieties 8 to 9.6 oz. <b>\$3.49</b></p>	<p><b>Roland Sriracha Chili Sauce</b> Selected Varieties 17 oz. <b>\$4.49</b></p> <p>Roland Organic Noodles Selected Varieties 12.8 oz. <b>\$2.99</b></p>
<p><b>Rudi's Bakery Organic Breads</b> Selected Varieties 18 to 22 oz. <b>\$5.99</b></p>	<p><b>Solely Organic Fruit Jerky</b> Selected Varieties 8 oz. <b>2\$3</b></p>	<p><b>Sonoma Creamery Crisps</b> Selected Varieties 2 to 2.68 oz. <b>\$3.99</b></p>
<p><b>Cleveland Kitchen Kimchi or Pickles</b> Selected Varieties 16 to 32 oz. <b>\$5.49</b></p>	<p><b>Divina Organic Olives or Sweet Roasted Peppers</b> Selected Varieties 4.9 to 16.2 oz. <b>\$5.99</b></p>	<p><b>Simple Mills Crackers</b> Selected Varieties 4 to 22 oz. <b>\$4.49</b></p>
<p><b>Hoplark Sparkling Hop Tea</b> Selected Varieties 16 oz. <b>2\$5</b></p>	<p><b>Just Ice Tea Organic Ready to Drink Tea</b> 16 oz. <b>2\$5</b></p>	
<p><b>Wildwood Organic Tofu</b> Selected Varieties 14 oz. <b>\$3.29</b></p>	<p><b>Rumiano Organic Cheese</b> Selected Varieties 8 oz. <b>\$4.99</b></p>	<p><b>Elmhurst Plant Milks</b> Selected Varieties 32 oz. <b>\$5.99</b></p>
<p><b>Second Nature Snack Mixes</b> Selected Varieties 10 to 14 oz. <b>\$7.99</b></p>	<p><b>Thunderbird Plant Based Paleo Bars</b> Selected Varieties 1.7 oz. <b>2\$4</b></p>	
<p><b>Health Valley Organic Soups</b> Selected Varieties 14.5 to 15 oz. <b>\$3.99</b></p>	<p><b>Lightlife Tempeh</b> Selected Varieties 8 oz. <b>\$3.99</b></p>	<p><b>IQ Bar</b> Selected Varieties 1.6 oz. <b>2\$4</b></p>
<p><b>Just Plant Based Egg Scramble</b> Selected Varieties 16 oz. <b>\$7.49</b></p> <p>Just Plant Based Folded Eggs 8 oz. <b>\$5.99</b></p>	<p><b>De La Calle Organic Beverages</b> 12 oz. <b>2\$5</b></p>	
<p><b>Madhava Organic Vinegars</b> Selected Varieties 16.9 oz. <b>\$3.99</b></p> <p>Madhava Organic Extra Virgin Olive Oil 33.8 oz. <b>\$24.99</b></p>	<p><b>Ka-Me Rice Crackers</b> Selected Varieties 3.5 oz. <b>\$2.99</b></p>	<p><b>LIFE AID Energy + Sports Recovery Drinks</b> Selected Varieties 12 oz. <b>2\$5</b></p>
<p><b>Sun Luck Oils</b> Selected Varieties 5 to 10 oz. <b>\$3.99</b></p> <p><b>New!</b> Sun Luck GARLIC SESAME OIL</p>	<p><b>Ancient Organics Organic Ghee</b> 16 oz. <b>\$18.99</b></p>	
<p><b>House Foods Tofu Shirataki Noodles</b> Selected Varieties 8 oz. <b>\$2.99</b></p>	<p><b>Quorn Meatless Chicken or Grounds</b> Selected Varieties 9.2 to 12 oz. <b>\$5.49</b></p>	<p><b>From the Ground Up Cauliflower Snacks</b> Gluten Free Selected Varieties 3.5 to 4.5 oz. <b>2\$6</b></p>
<p><b>Culture Pop Probiotic Soda</b> 12 oz. <b>2\$4</b></p>	<p><b>Cobram Estates Classic Extra Virgin Olive Oil</b> Selected Varieties 25.4 oz. <b>\$14.99</b></p>	

