

IT IS ONLY NATURAL AND ORGANIC

APRIL 2025

Thank you for shopping local!

Equal Exchange Organic Chocolate Bars
Selected Varieties
2.8 to 3.2 oz.
\$4.99

Equal Exchange Organic Coffee
Selected Varieties
10 to 12 oz.
\$10.99

Califa Farms Non-Dairy Creamers
Selected Varieties
25.4 to 32 oz.
\$5.49

Califa Farms Non-Dairy Milks
Selected Varieties
8 oz.
\$4.99

Pacific Foods Organic Broths
Selected Varieties
32 oz.
\$3.99

Pacific Organic Vegetable Broth
32 oz.
\$4.99

Pacific Organic Chicken Broth
32 oz.
\$5.99

La Croix Sparkling Water
Selected Varieties
9 pk.
\$4.49

La Croix Sparkling Water
12 pk.
\$5.99

Divina Organic Olives or Sweet Roasted Peppers
Selected Varieties
4.5 to 8.4 oz.
\$5.99

Milton's Gourmet Crackers or Gluten Free Baked Crackers
Selected Varieties
4.5 to 8.4 oz.
\$3.99

Bob's Red Mill Baking Mixes
Selected Varieties
13 to 15.5 oz.
\$3.49

KeVita Organic Sparkling Probiotic Drinks
Selected Varieties
12 oz.
2.5 for

Lakewood Juices Organic Juices
Selected Varieties
32 oz.
\$6.99

Suja Organic Cold Pressed Juices
Selected Varieties
12 oz.
\$3.99

Suja Organic Shots
Selected Varieties
2 oz.
2.5 for

GT's Raw Kombucha
16 oz.
2.5 for

Ithaca Hummus
10 oz.
\$4.49

Lily's Sweets Baking Chips
No Sugar Added
Selected Varieties
9 oz.
\$7.99

Alter Eco Organic Chocolate Bars or Truffles
Selected Varieties
2.65 to 2.96 oz.
\$3.99

Stonyfield Organic Yogurt
Selected Varieties
3.5 oz.
2.4 for

Miss Jones Baking Co. Baking Mixes
Selected Varieties
10.5 to 19 oz.
\$5.99

Noosa Yogurt
Selected Varieties
8 oz.
2.5 for

Siete Tortilla Chips made with Avocado Oil
Selected Varieties
7.5 oz.
\$4.99

MALK Plant Based Beverage
Selected Varieties
28 oz.
\$5.99

Bear Fruit Snacks
Selected Varieties
3.5 oz.
\$4.49

Let's Do Organic Coconut Shreds or Flakes
Selected Varieties
7 to 8.8 oz.
\$2.99

Nielsen Massey Vanilla Extract
Selected Varieties
2 oz.
\$8.99

Vanilla Paste
2 oz.
\$10.99

Roar Organic Drinks
Selected Varieties
18 oz.
2.4 for

Olive Oil Vinegars
Selected Varieties
10.1 oz.
\$6.99

Grandy Organics Organic Granola
Selected Varieties
9 oz.
\$7.99

Birch Benders Organic Pancake & Waffle Mix
Selected Varieties
10 to 16 oz.
\$5.49

Kicking Horse Organic Coffee
Selected Varieties
10 oz.
\$11.99

La Tourangelle Organic Extra Virgin Olive Oil
Selected Varieties
25.5 oz.
\$19.99

La Tourangelle Avocado Oil
Selected Varieties
16.5 oz.
\$12.99

Hu Organic Chocolate Bars
Selected Varieties
2.1 oz.
\$4.49

Voss Artesian Water
Selected Varieties
375 ml.
2.3 for

800 ml.
2.6 for

Nancy's Organic Cream Cheese
8 oz.
\$4.49

Nancy's Organic Sour Cream
8 oz.
\$2.99

Bonne Maman Preserves
Selected Varieties
13 oz.
\$5.99

Laird Superfood Creamers
Selected Varieties
8 oz.
\$7.99

Brown Cow All Natural Yogurt
Selected Varieties
5.3 oz.
4.5 for

Madhava Organic Agave
Selected Varieties
11.75 oz.
\$4.99

Madhava Organic Coconut Sugar
15 oz.
\$6.99

Rudi's Bakery Organic Breads
Selected Varieties
18 to 22 oz.
\$5.99

Rudi's Bakery Organic Thin Breads or English Muffins
Selected Varieties
12 to 18 oz.
\$4.99

Maille Mustards
Selected Varieties
7.3 to 8.9 oz.
\$4.99

NutZo Nut & Seed Butter
Selected Varieties
12 oz.
\$9.99

NutZo Organic Power Fuel Nut & Seed Butter
Selected Varieties
12 oz.
\$10.99

Mamma Chia Organic Squeeze Fruit Blends
Selected Varieties
3.5 oz.
3.5 for

Mamma Chia Organic Beverages
10 oz.
\$2.99

Beyond Good Madagascar Organic Chocolate Bars
Selected Varieties
2.64 oz.
\$3.49

Pamela's Gluten Free Cookies
Selected Varieties
5.29 to 9 oz.
\$5.49

House Organic Tofu
Selected Varieties
12 to 14 oz.
\$3.49

California Olive Ranch Olive Oil
Selected Varieties
16.5 oz.
\$16.99

Earth Balance Dairy-Free Buttery Spreads
Selected Varieties
13 to 15 oz.
\$5.99

Chobani Yogurt
Selected Varieties
5.3 oz.
3.5 for

Lifeway Organic Kefir
Selected Varieties
32 oz.
\$5.49

4th & Heart Ghee
Selected Varieties
9 oz.
\$10.99

4th & Heart Ghee Spray
5 oz.
\$7.99

Deep Indian Kitchen Authentic Indian Street Wraps
Selected Varieties
5 oz.
\$3.99

Deep Indian Kitchen Authentic Indian Entrees
Selected Varieties
7.5 to 12 oz.
\$5.99

Carbone Pasta Sauce
Selected Varieties
24 oz.
\$8.99

Eden Foods Organic Beans
Selected Varieties
15 oz.
2.6 for

Welcome Spring

with Natural Goodness

Discover seasonal favorites and wholesome organic choices to nourish your body this season.

Annie's Organic Crackers or Granams
Selected Varieties
7 to 7.5 oz.
2\$7 for

Cascadian Farm Organic Cereals or Bars
Selected Varieties
6 to 14.6 oz.
\$4.49

Stahbush Island Farms Frozen Vegetables
Selected Varieties
7 to 10 oz.
2\$6

Zevia Zero Sugar Sodas
Selected Varieties
12 packs
\$11.49*

Annie's Organic Fruit Snacks
Selected Varieties
7 oz.
\$4.49

Angie's BoomChickaPOP Popcorn
Selected Varieties
4.4 to 7 oz.
2\$7 for

Four Sigmatic Organic Coffee
Selected Varieties
10 oz.
\$14.99

Elmhurst Plant Milks
Selected Varieties
32 oz.
\$5.99

Clif or LUNA Bars
Selected Varieties
1.69 to 2.4 oz.
3\$5

ChocXO Organic Chocolate Cups
Low Sugar
Selected Varieties
3.6 oz.
\$5.99

Smith Tea
Selected Varieties
15 ct.
\$8.99

Quinn Snacks
Selected Varieties
5 to 7 oz.
\$4.99

Michel & Augustin French Shortbread Cookies
Selected Varieties
4.4 to 6.9 oz.
\$4.99

Cocemels Dairy Free Coconut Milk Caramels, Bark or Bites
Selected Varieties
3.5 oz.
\$4.49

My Mochi Ice Cream
Selected Varieties
6 ct.
\$4.99

Simply Organic Organic Extract or Flavor
Selected Varieties
2 oz.
\$3.99

Olipop A New Kind of Soda
Selected Varieties
12 oz.
2\$4 for

Dare Breton Crackers
Selected Varieties
4.4 to 7.9 oz.
\$2.99

Cento Italian Tomatoes
28 oz.
2\$7 for

Cento Tomato Paste
Selected Varieties
4.56 oz.
\$2.99

Dreumroll Mini Donuts
1.9g Sugar, 10g Protein
2.8 oz.
\$2.99

Poppit Sparkling Drinks
Selected Varieties
4 packs
\$8.99

Petit Pot Organic Pudding
Selected Varieties
7 to 8 oz.
\$4.99

Darrell Lea Premium Chocolate
Selected Varieties
5.6 to 6.4 oz.
2\$7 for

Somos Authentic Mexican Entrees
Selected Varieties
4.5 to 10.2 oz.
\$3.49

Nasoya Organic Tofu
Selected Varieties
14 to 16 oz.
\$2.99

Just Ice Tea Organic Ready to Drink Tea
16 oz.
2\$5 for

Skinny Dipped Nut Snacks
Selected Varieties
3.17 to 3.5 oz.
\$4.99

Pipcorn Snacks
Selected Varieties
4 to 9.25 oz.
\$3.99

Darrell Lea Australian Licorice
Selected Varieties
7 oz.
2\$5 for

SnapDragon Ramen Cups or Pho Bowls
Selected Varieties
2.1 to 2.2 oz.
2\$5 for

Sun Luck Oils
Selected Varieties
5 to 10 oz.
\$3.99

Renew Organic Pineapple Juice
12 oz.
\$5.99

Kalona Super Natural Organic Yogurt
Selected Varieties
24 oz.
\$5.49

Roland Sriracha Chili Sauce
Selected Varieties
17 oz.
\$4.99

Guru Organic Energy Drinks
Selected Varieties
12 oz.
2\$6 for

Simple Mills Crackers
Selected Varieties
4 to 4.25 oz.
\$4.99

Muir Glen Organic Tomatoes
Selected Varieties
28 oz.
2\$7 for

Ecob Plant Powered Laundry Detergent
Selected Varieties
100 oz.
\$13.99

Icelandic Glacial Spring Water
Selected Varieties
16.9 oz.
2\$3 for

Caboo Facial Tissue
Selected Varieties
3 count
2\$5

Dr. Bronner's Pure-Castile Liquid Soaps
Selected Varieties
\$15.99

Seventh Generation Laundry Detergent
Selected Varieties
33.3 to 66.6 oz.
\$15.99

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