



Post
Kids Cereals
10-16.6 oz box,
Selected Varieties
\$2.99



Post
Adult & Large
Size Cereals
11-20.5 oz box,
Selected Varieties
\$3.99



Better Oats
Instant Oatmeal
9.8-15.1 oz box,
Selected Varieties
2/\$6

PLU 1113

REDEEMABLE COUPON

VALID: 06/18/25-06/24/25

RV0100

SAVE \$1.00

When you buy four participating Post Brand Products

RETAILER: Return to UNFI COUPON SERVICES via UNFI Redemption Form

VOID IF COPIED, TRANSFERRED, PURCHASED OR SOLD, ONE COUPON PER PURCHASE.

GOOD ONLY AT UNFI SUPPLIED STORES

HELLO SUMMER



Pork
Tenderloin
Fresh
\$2.49
lb



Gold'N Plump
Chicken Leg Quarters
Fresh
\$1.29
lb



Beef Petite
Sirloin Steak
Boneless
\$6.99
lb



Stone Ridge Creamery
Ice Cream or Sherbert
48 oz pkg,
Selected Varieties
2/\$7

Green Mountain, Donut Shop or McCafe Coffee
12 oz bag or 10 ct K-Cups,
Selected Varieties
\$5.99



Blackberries
6 oz pkg
\$2.49



IGA
Purified Water
24 pk 16.9 oz btls
2/\$6



Barilla Pasta or
Ready Pasta
7-16 oz pkg,
Selected Varieties
2/\$3

Smart Ones
Frozen Entrees
6.49-11.5 oz pkg,
Selected Varieties
2/\$4



BEAT THE HEAT WITH SWEET DEALS!



Columbus IGA Plus

133 North 5, P.O. Box 719 Columbus, MT
Phone: (406) 322-5718 Fax: (406) 322-5249



#84P

PRICES EFFECTIVE JUNE 18 - JUNE 24, 2025

No Sales to Dealers. Food Stamps Gladly Accepted. All Items May Not Be Available In All Stores. • Not responsible for typographical errors • Quantity rights reserved ©2025 UNFI INC.

THE FINEST MEAT SELECTION



**Beef Chuck
Shoulder Steak**
Boneless, Valupak

\$6⁴⁹
lb



**Beef Chuck
Shoulder Roast**
Boneless

\$5⁹⁹
lb



**Pork
Spareribs**
Previously Frozen

\$2⁹⁹
lb



**Hillshire Farm
Smoked Sausage**
Links or Ropes
12-14 oz pkg, Selected Varieties

\$4⁹⁹



**Ball Park
Meat Franks**
15 oz pkg,
Selected Varieties

2/\$7



**Cloverdale
Applewood
Smoked Bacon**
3 lb pkg, Selected Varieties

\$16⁹⁹



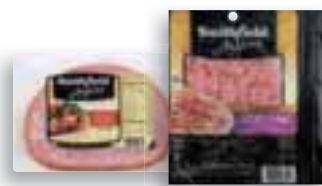
**Cloverdale
Old Fashion
Franks**
16 oz pkg

\$4⁹⁹



**Aidells Chicken
Sausage or Ball
Park Beef Franks**
12-15 oz pkg, Selected Varieties

\$5⁴⁹



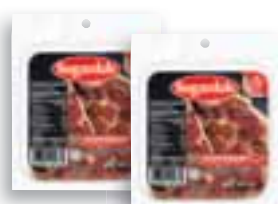
**Smithfield Anytime
Diced, Cubed Ham
or Ham Steaks**
8 oz pkg, Selected Varieties

\$3⁴⁹



**Sugardale
Sliced Bacon**
12 oz pkg,
Selected Varieties

\$3⁹⁹



**Sugardale
Sliced Pepperoni**
8 oz pkg

\$2⁹⁹



**Oscar Mayer
Fun Pack
Lunchables**
8.9-10.7 oz pkg,
Selected Varieties

2/\$6



**Hillshire Farm
Deli Thin
Lunchmeat**
7-9 oz pkg,
Selected Varieties

\$4⁹⁹



**Kevin's
Chicken Entrées**
16-17 oz pkg,
Selected Varieties

\$8⁹⁹



**Simply Potatoes
Mashed Potatoes**
24 oz pkg,
Selected Varieties

2/\$7



**El Monterey
Burritos or
Chimichangas**
30.4-32 oz pkg,
Selected Varieties

\$5⁹⁹



**Arctic Shores
Cod Fillets**
Wild Caught
16 oz pkg

\$6⁹⁹



**Arctic Shores
Extra Large
Cooked Shrimp**
16 oz pkg, 26-30, Tail-On

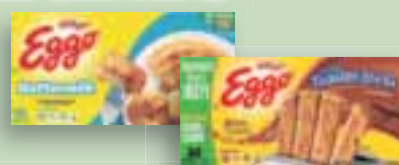
\$7⁹⁹

FROZEN SPECIALS



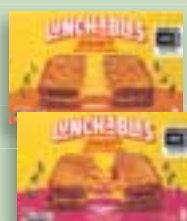
**Essential Everyday
Whipped Topping**
8 oz tub,
Selected Varieties

2/\$3



**Kellogg's Eggo
French Toaster Sticks,
Pancakes or
Waffles**
10-40 ct box,
Selected Varieties

2/\$6



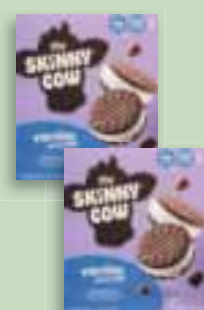
5.71-6.2 oz pkg,
Selected Varieties
**Oscar Mayer
Lunchables Crispy
Grilled Cheesies**
\$3⁹⁹



12 oz bag,
Selected Varieties
**Essential Everyday
Vegetables**
2/\$3



48 oz ctn,
Selected Varieties
**Tillamook
Ice Cream**
\$5⁹⁹



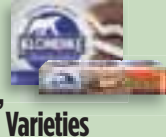
4 ct box,
Selected Varieties
**Skinny Cow
Ice Cream
Sandwiches**
\$3⁹⁹



4 ct box,
Selected Varieties
**Smucker's
Uncrustables
Sandwiches**
\$3⁴⁹



12 ct box,
Selected Varieties
**Kemps
Pops or
Pop Jr.'s**
\$3⁹⁹



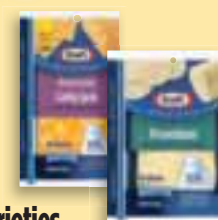
6 ct pkg,
Selected Varieties
**Klondike
Ice Cream
Bars &
Sandwiches**
\$4⁴⁹

DAIRY SPECIALS



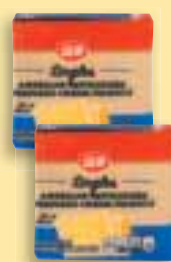
6 ct pkg,
Selected Varieties
**Bays
English Muffins**

\$3⁴⁹

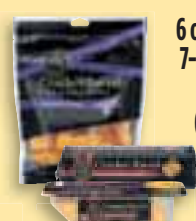


7-8 oz pkg,
Selected Varieties
**Kraft
Natural
Sliced Cheese**

2/\$6



12 oz pkg
**IGA
American Singles**
\$2⁷⁹



6 oz Cubes, 7 oz Cuts, 7.5 oz Sticks,
7-8 oz Chunks or 8 oz Snack Bars,
Selected Varieties
Cracker Barrel Cheese
\$3⁴⁹



12-16 oz ctn,
Selected Varieties
**Kemps
Sour Cream or Dip**
\$2⁴⁹



32 oz btl,
Selected Varieties
**Lifeway
Kefir**
\$3⁹⁹



11-16.5 oz pkg, selected varieties
**Pillsbury Bread Dough, Pizza
Crust, Muffin Batter, Breadsticks,
Swirls or Mini Cinni Stix**
\$3⁴⁹



64 oz ctn, Selected Varieties
**International Delight
Iced Coffee**
\$4⁴⁹

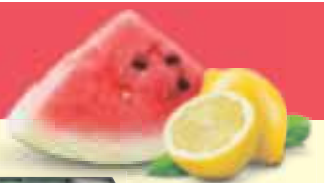


16-16.5 oz pkg,
Selected Varieties
**Pillsbury
Cookie Dough**
\$3⁴⁹



2.25-3 oz pkg,
Selected Varieties
**Ore-Ida Just Crack
an Egg Scramble Kit**
2/\$4

GROCERY



Ocean Spray
100% Juice or Grapefruit
Juice Cocktail
60-64 oz btl, Selected Varieties

\$3.99



Essential Everyday
Apple Juice or Cider
64 oz btl, Selected Varieties

2/\$5



Chicken of the Sea
Chunk Tuna or Sardines
2.5 oz pouch Tuna or
3.75 oz can Sardines, Selected Varieties

5/\$5



Cracker Barrel
Macaroni & Cheese
12-14 oz box, Selected Varieties

\$3.49



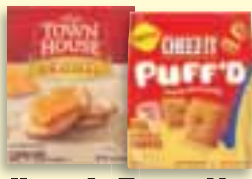
Kraft
Deluxe & Velveeta
Macaroni & Cheese
9.4-14 oz pkg,
Selected Varieties

\$3.49



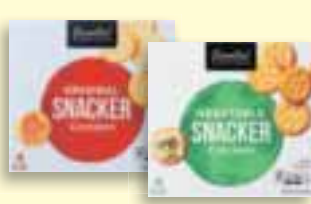
Hostess
Multipacks
8-13.58 oz pkg,
Selected Varieties

\$2.99



Kellogg's Town House
Crackers or Cheez-It
Snap'd or Puff'd
9-13.8 oz Town House or 5.75-7.5
oz Cheez-It, Selected Varieties

2/\$6



Essential Everyday
Crackers
7.5-13.7 oz box,
Selected Varieties

2/\$5



Essential Everyday
Tomatoes or
Tomato Sauce
14.5-15 oz can,
Selected Varieties

99¢



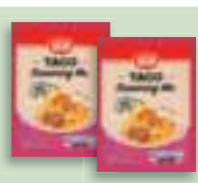
12.25 oz btl, Selected Varieties
Essential Everyday
Marinade

2/\$5



15 oz btl
Essential Everyday
Steak Sauce

\$2.99



1.25 oz pkg
IGA
Taco Seasoning Packet

59¢



15.5 oz jar, Selected Varieties
IGA
Salsa

\$2.29



10 ct pkg, Selected Varieties
Essential Everyday
Flour Tortillas

2/\$4



16 oz Can, Selected Varieties
Wild Harvest
Refried Beans

\$1.99



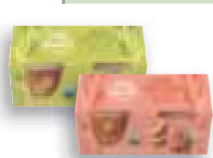
5.5-7.3 oz box,
Selected Varieties
Essential Everyday
Macaroni & Cheese
Dinner

89¢



32 oz btl
Clamato
The Original
Tomato Cocktail

\$2.99



4 ct pkg,
Selected Varieties
Wild Harvest
Organic Fruit Cups

\$3.99



12 oz box, Selected Varieties
Essential Everyday
Crunchy Squares
Cereal

\$2.79



21 oz can Apple or Blueberry
or 20-21 oz Cherry,
Selected Varieties
Essential Everyday
Pie Filling & Topping

\$2.69



9.31-19.5 oz Chips Ahoy! or
11.5-14 oz Crackers,
Selected Varieties
Nabisco Family Size
Chips Ahoy! Cookies
or Snack Crackers

\$4.49



8-14 oz bag,
Selected Varieties
Frito Lay Tostitos or
Miss Vickie's Kettle
Cooked Potato Chips

\$3.49



5-6.5 oz pkg,
Selected Varieties
Emerald
Snack Nuts

\$3.99



3 ct box,
Selected Varieties
Pop Secret
Microwave
Popcorn

2/\$6



5.5 oz bag or 6.8-7.1 oz can,
Selected Varieties
Pringles
Party Stack Potato
Crisps or Mingles
Puffed Snacks

\$2.79



45.5-50 oz btl,
Selected Varieties
Arm & Hammer
Laundry Detergent

\$4.99

PLU 1114

REDEEMABLE COUPON

VALID: 06/18/25-06/24/25

RV0150

Buy Two

Hershey's

Candy Pouches

9.6-12 oz

SAVE

\$1.50

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via UNFI Redemption Form

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OR SOLD, ONE COUPON PER PURCHASE.

GOOD ONLY AT

UNFI SUPPLIED STORES

HOUSEHOLD GOODS



40 ct box,
Selected Varieties
Essential Everyday
Fabric Softener Sheets

2/\$3



17.4-30.8 oz btl Dish Soap or
16 oz Spray, Selected Varieties
Dawn
Ultra Dish Soap or
Powerwash Dish Spray

\$4.99



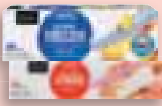
1 ct pkg,
Selected Varieties
Swiffer
Dry + Wet Kit

\$14.49



15-26 ct box,
Selected Varieties
Essential Everyday
Trash Bags

\$2.49



28-48 ct box,
Selected Varieties
Essential Everyday
Click 'n Lock Storage or
Freezer Bags

\$2.99



24 ct box,
Selected Varieties
Essential Everyday
Premium Dinnerware

2/\$3



12 ct Mega Rolls,
Selected Varieties
Cottonelle
Bath Tissue

\$11.99



15.5 oz btl
Safeguard
Antibacterial
Hand Wash

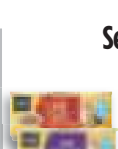
\$4.19

PET CORNER



3 lb bag,
Selected Varieties
Rachael Ray
Nutrish
Cat Food

\$7.49



5.5 oz can,
Selected Varieties
Essential
Everyday
Cat Food

69¢



16 lb bag,
Selected Varieties
Essential
Everyday
Dog Food

\$14.99

HEALTH & BEAUTY



33.8 oz btl, Selected Varieties
Listerine
Premium
Mouthwash

\$9.99



10.4-12 oz btl, Selected Varieties
Pantene
Shampoo or
Conditioner

\$4.99



18-22 oz btl,
Selected Varieties
Olay
Body Wash

\$7.49



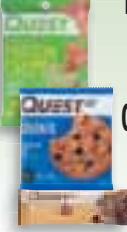
24 ct pkg
Equaline
Diphedryl
Allergy Relief

\$2.49



8-12 oz btl,
Selected Varieties
Pepto
Bismol

\$6.99



1.48-2.22 oz Bars, 2.04-2.08 oz
Cookies or 1.1 oz Chips,
Selected Varieties
Quest Protein Bars,
Cookies or Tortilla Chips

2/\$5



500 ct pkg
Equaline
Cotton Swabs

\$3.99



32-36 ct box,
Selected Varieties
Tampax Pearl
Tampons

\$9.99

FRESH PRODUCE!



1 lb pkg
Mini Sweet
Peppers

\$3⁴⁹



Seedless
English
Cucumbers

99¢ ea



Fresh, Tender
Asparagus

\$2⁹⁹ lb



Crisp
Dole
Celery

\$1⁶⁹ ea



Fresh
Red, Yellow or Orange
Bell Peppers

4/\$5



1 Pint
Grape Tomatoes

2/\$3



3 ct pkg
Dole
Romaine Hearts

\$3⁴⁹

DELI

Available at participating stores.

Original,
Hot From the Deli
**Whole Roasted
Rotisserie Chicken**

\$8⁹⁹

**Essential Everyday
Coleslaw, Potato
or Macaroni Salad**
15-16 oz pkg, Selected Varieties

\$2⁴⁹

**Red
Apple Cheese**
7-8 oz pkg, Selected Varieties

\$5⁹⁹

**Montchevre
Goat Cheese**
4 oz pkg, Selected Varieties

\$4⁹⁹

BAKERY

Available at participating stores.

8 ct pkg,
Bakery Fresh
**Hamburger or
Hot Dog Buns**

\$2⁹⁹

**Two-Bite
Mini Cupcakes**
12 ct pkg, Selected Varieties

\$3⁹⁹

**Superior on Main
Chocolate Iced
Eclairs**
4 ct pkg

\$4⁹⁹

**The Father's Table
Variety Sampler
Cheesecake**
32-40 oz pkg, Selected Varieties

\$13⁹⁹

Wine



3 Liter
**Black Box
Wine**

\$19⁴⁹

187 ml
**Buzzballz
Wine**

2/\$7

5 Liter, Selected Varieties
**Franzia
Wine**

\$19⁹⁹

355 ml can
**Underwood
Wine**

\$4⁹⁹

355 ml can
**Uptown
Cocktails**

\$4⁴⁹

Beer

quench your thirst



6 pks
**Athletic
Non-Alcoholic
Beer**

\$9⁹⁹



30 pk 12 oz
**Budweiser
& Bud Light
Beer**

\$25⁹⁹



30 pk 12 oz
**Coors &
Coors Light
Beer**

\$25⁹⁹

6 pks
**White Claw
Hard Seltzer**

\$9⁹⁹

30 pk 12 oz
**Busch Light
Beer**

\$23⁹⁹

8 pks
**Kettlehouse
Beer**

\$17⁹⁹

24 pk 12 oz
**Michelob Ultra
Beer**

\$25⁹⁹

30 pk 12 oz
**Miller Lite
Beer**

\$25⁹⁹

6 pks
**Red Lodge
Beer**

\$9⁹⁹

6 pks
Smirnoff

\$9⁹⁹

12 pk 12 oz
**Twisted Tea
Hard Iced Tea**

\$17⁹⁹

SUMMER SAVINGS

MADE EASY

AMAZING QUALITY. FANTASTIC PRICES.
THAT'S OUR QUALITY PROMISE.

SAVE BIG
EVERYDAY

Essential
EVERYDAY®



24 oz btl
IGA
Ketchup
\$1.29



14 oz btl
Essential Everyday
Yellow Mustard
\$1.49



32 oz jar
Essential Everyday
Hamburger Dill
Chips
\$2.69



18 oz btl, Selected Varieties
Essential Everyday
Barbecue Sauce
\$1.79



30 oz jar, Selected Varieties
Essential Everyday
Mayonnaise
\$4.79



30 oz jar
Essential Everyday
Whipped Dressing
\$4.79



24 oz jar
IGA
Pickle Spears
2/\$5



16 oz btl, Selected Varieties
IGA
Salad Dressing
\$2.29



100 ct pkg,
Selected Varieties
Essential Everyday
Paper Plates
\$4.49



20 ct pkg
IGA
Plastic Cups
2/\$4



15.4 lb bag
IGA
Charcoal
\$7.99



Register to Win one of 20 Prizes!

\$250 Store Gift Certificates 10 Winners

\$100 Store Gift Certificates 10 Winners



**ENTER FOR A CHANCE TO WIN
one of 20 Store Gift Cards!**
1st Place Prize: \$250 Store Gift Cards
(10 prizes awarded)
2nd Place Prize: \$100 Store Gift Cards
(10 prizes awarded)

JUNE DAIRY MONTH ENTRY FORM

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ AGE _____

EMAIL _____

STORE NAME _____

NO PURCHASE NECESSARY TO ENTER OR WIN.

Void where prohibited by law. NO PURCHASE NECESSARY TO ENTER OR WIN. Must be 18 or over & legal resident of AK, CA, ID, IL, IN, KY, MI, MN, MO, MT, ND, OH, OR, SD, WA, WI, WV, WY. Promotion begins May 31, 2025 at 12:01 a.m. Pacific Time (PT) & ends June 30, 2025 at 11:59 p.m. PT. To enter, fill out required information on entry form and deposit entry form in the entry box at participating retailers. Limit one (1) entry per participant. See participating stores for official rules.

The Dairy Aisle... Beyond Cool



8 oz pkg, Selected Varieties
**IGA Chunk or
Shredded Cheese**

2/\$4



16 oz pkg
**IGA
Butter Quarters**

2/\$6



32 oz ctn, Selected Varieties
**Essential Everyday
Half & Half**

2/\$6



6.5 oz can, Selected Varieties
**Essential Everyday
Whipped Topping**

2/\$6



16 oz ctn
**Essential Everyday
Heavy Whipping Cream**

\$3⁷⁹



64 oz ctn, Selected Varieties
**Essential Everyday
Almond Beverage**

2/\$6



4.5-5.3 oz cup, Selected Varieties
**Dannon
Greek or Remix
Mix-Ins Yogurt**

4/\$5



32 oz btl, Selected Varieties
**Nestlé Coffee mate
Coffee Creamer**

\$3⁹⁹



4-4.5 oz pkg, Selected Varieties
**Sargento
Balanced Breaks**

\$3⁴⁹