

Fresh • Local • Organic



Sales Effective: Friday, August 1st,
thru Thursday, August 7th, 2025

Boneless Rib Eye Steaks

\$9⁹⁹
lb.



Tenderloin Filet Mignon

Half Piece

\$10⁹⁹
lb.

Eye Round Roast

Whole Piece \$4.99 lb
Half Piece \$5.99 lb
Steaks \$6.99 lb

\$5⁹⁹
lb.

Boneless • Skinless Chicken Breast

Family Value Pack

\$2⁹⁹
lb.

Boneless • Skinless Chicken Thighs

\$2⁹⁹
lb.

Bone-In Center Cut Pork Chops

\$2⁹⁹
lb.

Country Style Pork Ribs

Family Value Pack

\$2⁴⁹
lb.

St. Louis Pork Spareribs

\$2⁹⁹
lb.

Kayem Polska Kielbasa

14 Oz Pkg

\$4⁹⁹
ea.

Peeled & Deveined Jumbo Shrimp

16 To 20 Ct • 1 Lb Bag

\$8
ea.

Delicatessen

Hummel Bologna

Sliced To Order

\$6⁴⁹
lb.

Virginia Ham

Sliced To Order

\$6⁴⁹
lb.

Honey Maple Turkey

Sliced To Order

\$10⁴⁹
lb.

Margherita Genoa Salami

Sliced To Order

\$8⁴⁹
lb.

Margherita Pepperoni

Sliced To Order

\$8⁴⁹
lb.

BelGioioso Provolone Cheese

Sliced To Order

\$6⁴⁹
lb.

Sub Of The Week: "Classic Ham & Cheese"

Includes: Ham • American Cheese • Lettuce • Tomato • Mayonnaise

\$17⁹⁹
ea.

Produce Deals...

Mini Sweet Peppers

8 Oz Bag

\$2⁴⁹
ea.

Avocados

High In Fiber

99¢
ea.

Grape Tomatoes

The Sweetest Tomato Grown
Pint Cntr

\$1⁹⁹
ea.

Fresh Blueberries

Loaded With Vitamins
& Minerals • Pint Cntr

\$2⁴⁹
ea.

Cherries

Washington State

\$2⁹⁹
lb.

Little Potatoes

3 Lb Bag

\$5⁹⁹
ea.

875 N. High Street • East Haven, CT 06512
Phone: (203) 467-6438 • www.tandjsupermarket.com



Available! Like Us On



Hours: Mon. - Sun. 8am - 8pm
Open 7 Days A Week



Grocery • Specialty • Italian • Bakery • Deli • Cheeses

**General Mills
Cheerios Cereal**

Selected Varieties
12 Oz Box

\$2⁹⁹



**Barilla
Pasta**

Selected Varieties
16 Oz Box

2/\$3



**Hellmann's
Mayonnaise**

Selected Varieties
30 Fl Oz Jar

\$4⁹⁹



**Wishbone
Salad Dressing**

Selected Varieties
30 Fl Oz Jar

2/\$4



**Crystal Light
Drink Mix**

Makes 12 Quarts • Selected
Varieties • 1.4 Oz Pkg

2/\$6



**IGA Black
Pitted Olives**

Selected Varieties
6 Oz Can

\$1⁶⁹



Sclafani Beans

White • Red • Black Or
Chick Peas • 15.5 Oz can

99¢



**Sclafani White
Clam Sauce**

10.5 Oz Can

2/\$5



**Campbell's
Chicken Noodle
Or Tomato Soup**

10.75 Oz Can

4/\$5



**Eight O'Clock
Ground Coffee**

Selected Varieties
11 Oz Bag

\$6⁹⁹



**IGA
Vegetable Oil**

40 Fl Oz Btl

\$3⁹⁹



**Paws Happy Life
Cat Food**

Selected Varieties
5.5 Oz Can

5/\$4



**Blue Buffalo
Dog Food**

Selected Varieties
12.5 Oz Can

2/\$5



**Simply Done
Concentrated Bleach**

Selected Varieties
43 Fl Oz Btl

2/\$5



**Quilted Northern 6
Mega Rolls Bath Tissue**

Ultra Plush
1530 Ct Pkg

\$5⁹⁹



**Brawny 4 Double
Rolls Paper Towels**

Full Sheet
304 Ct Pkg

\$5⁹⁹



Prepared Foods

Heat & Eat Case • Family Size

Dairy & Frozen Deals...

**Macaroni & Cheese
Vodka Rigatoni
Broccoli Macaroni**

\$1⁹⁹ ea.

Events

*Let Us Cater Your Next Event
We Have a Full Catering Menu!!
Inquire Within Deli Department*



**Cabot
Butter Quarters**

Salted Or Unsalted
16 Oz Pkg

\$3⁹⁹



**Friendly's
Ice Cream**

Selected Varieties
48 Fl Oz Crtn

\$3⁹⁹



**Newman's
Own Lemonade**

Selected Varieties
59 Fl Oz Crtn

2/\$5



**McCain Potatoes
Or Onion Rings**

Selected Varieties
32 Oz Pkg

\$3⁹⁹



**Coffeemate
Flavored Creamer**

Selected Varieties • 28 To 32 Fl Oz Or Iced
Coffee 50 Fl Oz Btl Or Cold Foam Creamer
14 Oz Aerosol Can

\$3⁹⁹



**Klondike
Ice Cream Bars**

Cones Or Sandwiches • Selected Varieties
1.5 To 2.5 Fl Oz Or Good Humor Bars • 16 To 18 Fl Oz Box

\$4⁹⁹

\$3⁹⁹

PIE OF THE WEEK



Blueberry Pie
8"

\$6⁹⁹ ea.

