

Fresh • Local • Organic



Sales Effective: Friday, September 19th,
thru Thursday, September 25th, 2025

Rib Eye Steaks Or Roast

Bone-In

\$9⁹⁹
lb.



London Broil Top Round Or Roast

\$5⁹⁹
lb.

Beef Stew

Family Value Pack

\$6⁹⁹
lb.



Ground Sirloin

90% Lean
Family Value Pack

\$5⁹⁹
lb.



Ground Round Patties

85% Lean • 8 Pack
Frozen

\$10
ea.



Center Cut Pork Chops Or Roast

Boneless

\$2⁹⁹
lb.



Stuffed Pork Chops

Boneless Or Bone-In

\$4⁹⁹
lb.



St. Louis Pork Ribs

\$3⁹⁹
lb.



Chicken Breast Fillets

Boneless

\$4⁹⁹
lb.



Tyson Stuffed Chicken Breast

All Varieties
2 Ct • 10 Oz Box

\$3⁹⁹
ea.



Delicatessen

Krakus Imported Ham

Sliced To Order

\$7²⁹
lb.



Bel Gioioso Provolone Cheese

Sliced To Order

\$6⁹⁹
lb.



Margherita Genoa Salami

Sliced To Order

\$7⁹⁹
lb.



Hot Capicola

Sliced To Order

\$7⁹⁹
lb.



Margherita Slicing Pepperoni

Sliced To Order

\$7⁹⁹
lb.



Mortadella

Sliced To Order

\$7⁹⁹
lb.



Sub Of The Week: "Chicken Italiano"

Includes: Sliced Deli Chicken • Mozzarella • Roasted Peppers • Lettuce
Tomato • Olive Oil • Salt • Pepper

\$19⁹⁹
ea.

Produce Deals...

Eggplant

CT Grown
25 Lb Box For \$23

99¢
lb.



Artichokes

4 Ct Pkg

\$4⁹⁹
ea.



Green Squash

CT Grown

99¢
lb.



Red Seedless Grapes

Sweet & Delicious

\$1⁹⁹
lb.



Italian Peppers

Summer Favorite
Garden Fresh

99¢
lb.



Sliced Mushrooms

All Natural • High In
Potassium • 8 Oz Pkg

\$1⁹⁹
ea.



875 N. High Street • East Haven, CT 06512
Phone: (203) 467-6438 • www.tandjsupermarket.com



Available! Like Us On



Hours: Mon. - Sun. 8am - 8pm
Open 7 Days A Week



Grocery • Specialty • Italian • Bakery • Deli • Cheeses

Sclafani Tomatoes
Excluding San Marzano tomatoes
28 Oz Can

\$1.99



Quaker Life Cereal
Selected Varieties
13 Oz Box

2/\$4



Quaker Cap'n Crunch Cereal
Selected Varieties
11.4 Oz Box

2/\$4



Quaker Instant Oatmeal
Selected Varieties
14.1 Oz Box

2/\$5



Quaker Chewy Granola Bars
Selected Varieties
6.5 Oz Box

2/\$4



Poland Spring Water 24 Pack
16.9 Fl Oz Btls • 405.6 Fl Oz Pkg Plus
Deposit Where Required

3/\$12



Nature Valley Granola Bars
Selected Varieties
7.4 Oz Box

2/\$4



Near East Rice
Selected Varieties
5.8 Oz Box

4/\$5



StarKist Solid White Albacore Tuna
In Oil • Water Or Low Sodium
In Water • 5 Oz Can

10/\$10



College Inn Broth
Selected Varieties
14.5 Oz Can

4/\$5



Scott 6 Double Rolls Paper Towels
One-Ply • Choose-A-Sheet
648 Ct Pkg

2/\$10



Arm & Hammer Laundry Detergent
Selected Varieties
33 Fl Oz Btl

2/\$7



Prepared Foods

Heat & Eat Case • Family Size

Meatballs W/ Sauce (10) **\$3.49** ea.
Sausage & Peppers **\$2.19** ea.
Chicken Cutlets **\$2.39** ea.



Events

*Let Us Cater Your Next Event
We Have a Full Catering Menu!!
Inquire Within Deli Department*

Dairy & Frozen Deals...

Cabot Butter Quarters
Salted Or Unsalted
16 Oz Pkg

\$3.99



Cabot Bar Or Shredded Cheese
Selected Varieties
8 Oz Pkg

2/\$5



Florida's Natural Orange Juice
Selected Varieties • Grapefruit Or
Orange Peach Mango • 52 Fl Oz Crtn

2/\$7



Oui French Style Yogurt
Selected Varieties
5 Oz Jar

4/\$5



Birds Eye Steamfresh Vegetables
Selected Varieties
10 Oz Bag

4/\$5

Turkey Hill Ice Cream
Selected Varieties
46 Fl Oz Crtn

2/\$7

Celeste Pizza For One
Selected Varieties
5 To 5.96 Oz Box

Ore Ida French Fries
Selected Varieties
28 Oz Bag

89¢

\$3.99



Pumpkin Pie
8" • Fall Favorite

BAKERY
Favorites

We carry Libby's Pies
Of Wooster Street
Pies Every Weekend

\$5.99 ea.