

Fresh • Local • Organic



Sales Effective: Friday, October 10th,
thru Thursday, October 16th, 2025

Beef Tenderloin Filet Mignon

Half Piece
Custom Cut To Order

\$12⁹⁹
lb.



Crisp
FALL
Savings

Boneless • Skinless Chicken Breast

Family Value Pack

\$1⁹⁹
lb.



Ground Chuck Patties 80% Lean

Frozen

\$2⁹⁹
lb.



Porterhouse Or T-Bone Steaks

\$9⁹⁹
lb.



Top Round London Broil Or Roast

\$5⁹⁹
lb.



Beef Stew

Family Value Pack

\$6⁹⁹
lb.



Ground Sirloin 90% Lean

Family Value Pack

\$5⁹⁹
lb.



Center Cut Pork Chops Or Roast

Bone-In
Family Value Pack

\$2⁹⁹
lb.



Oscar Mayer Bacon

1 Lb Pkg

\$5⁹⁹
ea.



Swordfish Or Tuna Steaks

Frozen

\$9⁹⁹
lb.



Delicatessen

Dilusso Genoa Salami

Sliced To Order

\$9⁹⁹
lb.



Margherita Slicing Pepperoni

Sliced To Order

\$7⁹⁹
lb.



Hummel Prosciuttini

Sliced To Order

\$7⁹⁹
lb.



Hummel Hot Capicola

Sliced To Order

\$7⁹⁹
lb.



Bel Gioioso Provolone

Sliced To Order

\$6⁹⁹
lb.



Margherita Prosciutto

Sliced To Order

\$13⁹⁹
lb.



Sub Of The Week: "Italian Combo"

Includes: Ham • Capicola • Pepperoni • Provolone • Cherry Pepper
Eggplant • Lettuce • Tomato • Olive • Vinegar

\$19⁹⁹
ea.

Produce Deals...

Green Peppers

CT Grown

99¢
lb.



Macoun Apples

99¢
lb.



Broccoli Rabe

High In Fiber

\$2⁹⁹
lb.



Red Onions

99¢
lb.



Russet Potatoes

5 Lb Bag • High In
Fiber • Low In Calories

\$2⁴⁹
ea.



Whole White Mushrooms

All Natural • High In
Potassium • 8 Oz Pkg

\$1⁹⁹
ea.



875 N. High Street • East Haven, CT 06512
Phone: (203) 467-6438 • www.tandjsupermarket.com



Available! Like Us On



Hours: Mon. - Sun. 8am - 8pm
Open 7 Days A Week



Grocery • Specialty • Italian • Bakery • Deli • Cheeses

Lina
Pasta
Selected Varieties
16 Oz Box

4/\$5



Green Mountain
Coffee K-Cups
10 Ct • 6.5 Oz Box

\$5.99



Red Pack
Tomatoes
Selected Varieties
28 Oz Can

\$1.69



Progresso Vegetable
Classics Soup
Selected Varieties
18.5 Oz Can

\$1.99



Poland Spring
Water 24 Pack
16.9 Fl Oz Btls • 405.6 Fl Oz Pkg
Plus Deposit Where Required

\$3.99



Sclafani San
Marzano Tomatoes
28 Oz Can

2/\$7



Old El Paso
Dinner Kits
Selected Varieties
12.5 Oz Box

2/\$7



IGA
Chicken Broth
Vegetable • Beef Or Reduced
Sodium Chicken • 32 Fl Oz Crtn

\$1.99



Filippo Berio
Olive Oil
Original • Extra Light • Extra Virgin
Robust Or Delicato • 25.3 Fl Oz Btl

\$7.99



Heinz
Ketchup
38 Fl Oz Btl

\$2.99



Pillsbury Best
All Purpose Flour
Or Unbleached
5 Lb Bag

\$2.99



Scott 6 Double Rolls
Paper Towels
One-PLY • Choose-A-Sheet
648 Ct Pkg

\$5.99



Prepared Foods

Heat & Eat Case • Family Size

Chicken Parmesan
Eggplant Parmesan

\$23.99
\$19.99
ea.



Events

*Let Us Cater Your Next Event
We Have a Full Catering Menu!!
Inquire Within Deli Department*

Dairy & Frozen Deals...

Land O Lakes
Butter Sticks
Selected Varieties
16 Oz Pkg

\$3.99



Birds Eye
Vegetables
Selected Varieties
13 Oz Bag

2/\$5



Chobani
Greek Yogurt
Selected Varieties
5.3 Oz Cntr

4/\$5



Eggo Waffles
Pancakes Or French Toast
Sticks • Selected Varieties
12.3 Oz Box

2/\$5



Crystal Farms Shredded
Or Bar Cheese
Selected Varieties
8 Oz Pkg

Florida's Natural
Orange Juice
Selected Varieties
89 Fl Oz Btl

2/\$5

\$5.99

Turkey Hill
Ice Cream
Selected Varieties
46 Fl Oz Crtn

Celentano
Cheese Ravioli
24 Oz Bag

2/\$7

\$3.99



Tiramisu
Or Tuxedo • Strawberry
Shortcake

\$11.99
ea.

*We carry Libby's Pies
Of Wooster Street
Pies Every Weekend*