

Fresh • Local • Organic



Sales Effective: Friday, October 31st
thru Thursday, November 6th, 2025

**Boneless • Skinless
Chicken Breast**
Family Value Pack

\$1⁹⁹
lb.



Eye Round Roast
USDA Choice

\$5⁹⁹
lb.

**Boneless New
York Strip Steak**
Family Value Pack



\$12⁹⁹
lb.

**16 Ground Chuck
Patties**
80% Lean

\$20
ea.

**Old Neighborhood
Shaved Steaks**
Family Value Pack

\$6⁹⁹
ea.

**Turkey
Breast**
Frozen

\$2⁴⁹
lb.

**Perdue
Oven Stuffer
Roasting Chicken**



\$1⁴⁹
lb.

**Center Cut
Pork Roast**
Bone-In Or Boneless

\$2⁹⁹
lb.

**Bob Evans
Mashed Potatoes**
Selected Varieties
32 Oz Pkg

\$4⁹⁹
ea.

Blue Crabs
1 Lb Pkg
Great For Sauce

\$8
ea.

Delicatessen

**Butterball Oven
Roasted Turkey Breast**
Sliced To Order



\$7⁹⁹
lb.

**Smithfield Honey
Smoked Ham**
Sliced To Order



\$5⁹⁹
lb.

**Bel Gioioso
Slicing Provolone**
Sliced To Order



\$6⁹⁹
lb.

**Land O Lakes Low Sodium
American Cheese**
Sliced To Order



\$6⁹⁹
lb.

**Wunderbar
Bologna**
Sliced To Order



\$3⁹⁹
lb.

**Hormel DiLusso
Salami**
Sliced To Order



\$10⁹⁹
lb.

Sub Of The Week: "Classic"

Includes: Turkey • Cheese • Lettuce • Tomato • Mayonnaise
Salt • Pepper

\$18⁹⁹
ea.

Produce Deals...

**Sliced
Mushrooms**
All Natural • High In
Potassium • 8 Oz Pkg

\$1⁹⁹
ea.



Red Onions

99¢
lb.



**Nature Sweet
Cherubs**
High In Vitamin C
10 Oz Pkg

\$2⁹⁹
ea.



**Broccoli
Rabe**
High In Fiber

\$2⁹⁹
lb.



**White
Potatoes**
5 Lb Bag • High In
Fiber • Low In Calories

\$2⁹⁹
ea.



**Sweet
Potatoes**
Low In Calories

99¢
lb.



875 N. High Street • East Haven, CT 06512
Phone: (203) 467-6438 • www.tandjsupermarket.com



Available! Like Us On



Hours: Mon. - Sun. 8am - 8pm
Open 7 Days A Week

Not Responsible For Typographical Errors. We Reserve The Right To Limit Quantities. Illustrations Are For Display Purposes Only And Do Not Necessarily Represent Items On Sale. 103125 Parkway T&J Page 1



Grocery • Specialty • Italian • Bakery • Deli • Cheeses

Sclafani Pasta

Selected Varieties
16 Oz Pkg

\$1.39

Progresso Vegetable Classics Soup

Selected Varieties
19 Oz Can

2/\$3

Red Pack Tomatoes

Selected Varieties
28 Oz Can

\$1.79

Kellogg's Special K Cereal

Selected Varieties
11 Oz Box

\$2.99

Annie's Macaroni & Cheese

Selected Varieties
6 Oz Box

10/\$10

Progresso Bread Crumbs

Selected Varieties
24 Oz Cnstr

2/\$5

IGA Chicken Broth

Vegetable • Beef Or Reduced Sodium Chicken • 32 Fl Oz Cntr

\$1.99

StarKist Solid White Albacore Tuna

In Oil • Water Or Low Sodium In Water • 5 Oz Can

10/\$10

Filippo Berio Olive Oil

Original • Extra Light • Extra Virgin • Robust Or Delicato • 25.3 Fl Oz Btl

\$7.99

Scott 6 Double Rolls Paper Towels

Choose-A-Size
648 Ct Pkg

\$5.99

Tide Liquid Laundry Detergent

Selected Varieties • 84 Fl Oz Btl Or Pods • 5 To 42 Ct • 31 To 37 Oz Cnstr

\$12.99

Chock full o'Nuts Ground Coffee

Selected Varieties
24 Oz Can

\$14.99

Prepared Foods

Heat & Eat Case • Family Size

Macaroni & Cheese

\$19.99

Hot Wings

\$19.99

Pasta Fagioli

\$13.99

Events

Let Us Cater Your Next Event
We Have a Full Catering Menu!!
Inquire Within Deli Department

Dairy & Frozen Deals...

Borden Shredded Cheese

Selected Varieties
8 Oz Pkg

\$2.99

Jimmy Dean Breakfast Bowls

Selected Varieties
7 Oz Box

2/\$5

Dole 100% Juice Blends

Selected Varieties
52 Fl Oz Cntr

2/\$7

Zuppardi's Apizza Or Carmine's Pizza

1 Ct Pkg

\$7.99

Planet Oat Oatmilk

Selected Varieties • 52 Fl Oz Cntr Or Creamer • 32 Fl Oz Btl

\$2.99

Polly-O Mozzarella Cheese

Selected Varieties • 8 Oz Pkg Or Ricotta Cheese • Whole Milk Or Part Skim • 15 To 16 Oz Cntr

\$3.99

Lender's Bagels

Selected Varieties
12 Oz Pkg

2/\$5

Turkey Hill Ice Cream

Selected Varieties
46 Oz Cntr

2/\$7



We carry Libby's Pies
Of Wooster Street
Pies Every Weekend

Apple Cider Donuts
6 Pack
Season Favorite

\$4.99
ea.