

IT IS ONLY NATURAL

AND ORGANIC

DECEMBER 2025

Thank you for shopping local!

Equal Exchange
Organic
Chocolate Bars
Selected Varieties
2.8 to 3.2 oz.

\$4⁹⁹

Equal Exchange
Organic Coffee
Selected Varieties
10 to 12 oz.

\$12⁹⁹



Simple Mills
Baking Mixes
Selected Varieties
9 to 12.9 oz.

\$6⁹⁹



Hu
Organic Chocolate Bars
Selected Varieties
2.1 oz.

\$4⁹⁹



Madhava
Organic Agave
Selected Varieties
11.75 oz.

\$4⁴⁹

Madhava
Organic Coconut Sugar
16 oz.

\$6⁹⁹



YumEarth
Organic Candy
Selected Varieties
5 oz.

\$5⁹⁹



Blue Diamond
Almonds
Selected Varieties
12 oz.

\$8⁹⁹



Sweet Loren's
Refrigerated Cookie Dough
Dairy Free, Gluten Free
Selected Varieties
9.6 to 12 oz.

\$7⁹⁹



Habiza
Authentic Hummus
Selected Varieties
10 oz.

\$4⁹⁹



Mary's Gone Crackers
Organic Crackers
Selected Varieties
4 oz.

\$4⁴⁹



teeccino

Herbal Coffee & Herbal
Tea Coffee Alternatives



Teeccino
Herbal Teas
Selected Varieties
10 ct.

\$5⁹⁹

IN THE RAW



In The Raw
Sweeteners
Selected Varieties
40 to 100 Count

\$3⁹⁹

Noosa
Yoghurt
Selected Varieties
8 oz.

2\$5 for



Sonoma Creamery
Crisps
Selected Varieties
2.25 oz.

\$3⁹⁹



Bonne Maman
Preserves
Selected Varieties
13 oz.

\$5⁹⁹



Miss Jones Baking Co.
Baking Mixes
Selected Varieties
10.57 to 19 oz.

\$5⁹⁹



Enjoy Life
Dairy Free Chocolate Chips
Selected Varieties
9 oz.

\$7⁴⁹



ChuaO Chocolatier
Gourmet Bars
Selected Varieties
2.8 oz.

\$4⁹⁹



Green Valley
Organic Cream Cheese
Lactose Free
Selected Varieties
8 oz.

\$4⁹⁹



TCHO
Organic, Plant-Based
Chocolate Bars
Selected Varieties
2.1 oz.

\$3⁹⁹



Smith
Tea
Selected Varieties
15 ct.

\$9⁹⁹



R.W. Garcia
Organic Chips
Selected Varieties
7.5 to 8.25 oz.

\$3⁹⁹



Immaculate
Organic Cinnamon
Rolls with Icing
Selected Varieties
17.5 oz.

\$7⁹⁹



Celestial Seasonings
Teas
Selected Varieties
12 to 20 Count

\$3⁹⁹



Mighty Spark
Snack Sticks
Selected Varieties
4 Count

\$5⁹⁹



Divine Chocolate
Fairtrade Bars
Selected Varieties
3 oz.

\$4⁴⁹



Guittard
Baking Chips
Selected Varieties
9 to 12 oz.

\$9⁹⁹



Heavenly Organics
Organic Raw Honey
Selected Varieties
22 oz.

\$8⁹⁹



San Pellegrino
Sparkling Water
Selected Varieties
1 liter

\$2⁹⁹



Carbone
Pasta Sauce
Selected Varieties
15 to 24 oz.

\$6⁹⁹



Cocomels
Dairy Free Coconut Milk
Caramels, Bark or Bites
Selected Varieties
3.5 oz.

\$4⁹⁹



Cocomels
TOFFEE BARK
Dairy Free Coconut Milk
with **Organic** Dark Chocolate
NET WT 3.5 OZ (100g)

Cocomels
COCONUT CREAM CARAMELS
Dairy Free Coconut Milk
with **Organic** Dark Chocolate
NET WT 3.5 OZ (100g)

NON GMO Project VERIFIED

Hiyo
Organic Social
Tonic Drinks
Non-Alcoholic
Selected Varieties
12 oz.

2\$6*
for

4 Pack

\$10⁹⁹*



USDA
ORGANIC

Betty Buzz
Sparkling Beverages
Selected Varieties
4 pk.

\$6⁹⁹*



The image shows two boxes of Betty Buzz Sparkling Beverages. The front box is green and labeled 'SPARKLING LEMON LIME'. The back box is brown and labeled 'GINGER BEER'. Both boxes contain 4 bottles and feature the Betty Buzz logo with a bee. The price tag indicates \$6.99* for a 4-pack.

Van's
Frozen Waffles
Selected Varieties
8 oz. to 12.4 oz.

\$3⁹⁹

Van's
gluten free
ORIGINAL WAFFLES
8 oz. (227g)
100% whole grain
per serving
dairy & egg free
Non-GMO Project Verified

Van's
gluten free
APPLE CINNAMON WAFFLES
12.4 oz (352g)
100% whole grain
per serving
dairy & egg free
Non-GMO Project Verified

Van's
gluten free
ORIGINAL WAFFLES
8 oz. (227g)
100% whole grain
per serving
dairy & egg free
Non-GMO Project Verified

Van's
gluten free
APPLE CINNAMON WAFFLES
12.4 oz (352g)
100% whole grain
per serving
dairy & egg free
Non-GMO Project Verified

Renew
Organic Juices
Selected Varieties
32 oz.

\$7⁹⁹*



The image shows two bottles of Renew Organic Juice. The bottle in the foreground is Pineapple Juice, with a yellow-orange liquid and a label featuring a pineapple illustration. The bottle in the background is Prune Juice, with a dark purple liquid and a label featuring a prune illustration. Both bottles are 32 oz. and have a silver cap. The labels prominently display the 'Renew' brand name, 'pure company', and 'PURELY ORGANIC' text. A red circular seal on the Pineapple Juice bottle indicates '100% JUICE'. Both bottles also feature the USDA Organic seal.

Renew
pure company
PURELY ORGANIC
PINEAPPLE
JUICE FROM CONCENTRATE

Renew
pure company
PURELY ORGANIC
PRUNE
JUICE FROM CONCENTRATE

100% JUICE

USDA
ORGANIC

Unreal
Chocolate
Selected Varieties
3.2 to 5 oz.

\$5.99

less sugar
no artificial sweeteners

UNREAL

chocolate caramel
nougat bars

less sugar
no artificial sweeteners

UNREAL

dark chocolate
peanut butter cups

net wt. 3.2 oz (91g)

NON
GMO
PROJECT
VERIFIED

Toby's
Dressing
 Selected Varieties
 12 oz.

\$5.99

Toby's
 BLUE CHEESE
 DRESSING & DIP
 HANDCRAFTED • SMALL BATCH
 GOOD ON ANYTHING

Toby's
 RANCH
 DRESSING & DIP
 HANDCRAFTED • SMALL BATCH
 GOOD ON ANYTHING

Lily's Sweets
Baking Chips
No Sugar Added
Selected Varieties
9 oz.

\$7.99



LILY'S
MILK CHOCOLATE
STYLE BAKING CHIPS
UNSWEETENED WHITE
25% CACAO
NO SUGAR ADDED
NON-GMO VERIFIED
NET WT 9 OZ (255g)

LILY'S
DARK CHOCOLATE
STYLE BAKING CHIPS
CHOCOLATE WITH
35% CACAO
NO SUGAR ADDED
NON-GMO VERIFIED
NET WT 9 OZ (255g)

NON-GMO VERIFIED
VERIFIED
BY THE NON-GMO PROJECT

[illegible]

Rao's
Homemade Pasta Sauce
Selected Varieties
15 to 24 oz.

\$8⁹⁹



The image shows two glass jars of Rao's Homemade Pasta Sauce. The jar in the foreground is labeled 'MARTINARA' and the jar in the background is labeled 'TOMATO BASIL'. Both jars have a white label with a red border. The label features a circular logo depicting the interior of a restaurant with a red curtain and a chandelier. Below the logo, the text reads 'RAO'S HOMEMADE' and 'All Natural Products'. The background is a solid light gray.

Lumen
Protein Lemonades
Selected Varieties
12 oz.

2⁵
for



LUMEN
ORIGINAL
Lemonade
16% PROTEIN
Protein from Collagen

LUMEN
TARTBERRY DRAGONFRUIT
Lemonade
16% PROTEIN
Protein from Collagen

High Brew
Ready to Drink
Coffee
Selected Varieties
8 oz.

2\$5*
for



COLD-BREW HIGH Brew COFFEE
Mexican VANILLA
NATURAL FLAVOR
90 CALORIES 140 mg. CARBONATE
8 FL. OZ. (237ml)

COLD-BREW HIGH Brew COFFEE
DOUBLEPRESSO
90 CALORIES 140 mg. CARBONATE
8 FL. OZ. (237ml)

Edward & Sons
Brown Rice
Snaps
Selected Varieties
3.5 oz.

\$2⁹⁹

PLANT BASED • GLUTEN FREE • SOY FREE
NO ARTIFICIAL FLAVORS • NO MSG
CRISP

BAKED
Brown Rice Snaps™
TAMARI SESAME
NET WT 3.5 OZ 100g

PLANT BASED • GLUTEN FREE • SOY FREE
NO ARTIFICIAL FLAVORS • NO MSG
CRISP

BAKED
Brown Rice Snaps™
UNSALTED PLAIN
NET WT 3.5 OZ 100g

NON
GMO
Project
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Maya Kaimal
Indian Simmer
Sauces
Selected Varieties
12.5 oz.
\$4.99



Maya Kaimal
INDIAN SIMMER SAUCE
MADRAS CURRY
PEPPERY COCONUT
& CREAMSOLAS

Maya Kaimal
INDIAN SIMMER SAUCE
TIKKA MASALA
TASTY SPICES
& TANGY TOMATOES

 **NON-GMO**
Project
VERIFIED

Nutpods
Non-Dairy
Half & Half
32 oz.

\$5⁹⁹



Miyoko's Creamery
Organic Oat Milk Butters
Selected Varieties
6 to 12 oz.

\$5⁴⁹



Miyoko's Creamery
SALTED
OAT MILK BUTTER
100% ORGANIC
VEGETARIAN
NON-DENATURED
NET WT 12 OZ (340g)

Miyoko's Creamery
UNSALTED
OAT MILK BUTTER
100% ORGANIC
VEGETARIAN
NON-DENATURED
NET WT 12 OZ (340g)

USDA
ORGANIC

Vital Farms
Pasture-Raised Large Eggs
Selected Varieties
12 Count

\$8⁹⁹



Two cartons of Vital Farms Pasture-Raised Large Eggs are shown. The cartons are black with green and white text and graphics. The top carton is labeled 'PASTURE-RAISED' and 'LARGE'. The bottom carton is labeled 'PASTURE-RAISED' and 'LARGE'. Both cartons feature the Vital Farms logo and a small illustration of a chicken.

Bubbies
Sauerkraut or Pickles
 Selected Varieties
 25 to 33 oz.

\$7⁹⁹

Napoleon
Stuffed Olives
or Artichokes
Selected Varieties
6.5 to 13.75 oz.

\$4⁹⁹



Mori-Nu
Shelf Stable Silken Tofu
Selected Varieties
10.8 oz.

2\$5
for



MORI-NU SILKEN TOFU
SHELF STABLE | FIRM
NET WT 10.8 oz (307g)
NON GMO VERIFIED

MORI-NU SILKEN TOFU
SHELF STABLE | SOFT
NET WT 10.8 oz (307g)
NON GMO VERIFIED

Bela
Sardines
Imported from Portugal
Selected Varieties
4.23 to 4.25 oz.

\$3.99



The image shows two cans of Bela Sardines. The top can has a pink label with the word 'Bela' in a stylized font and a net weight of 4.23 oz (120g). The bottom can has a blue label with the word 'Bela' in a stylized font and a net weight of 4.23 oz (120g). Both cans feature a logo with a stylized 'U' and a fish. The cans are decorated with colorful dots and patterns.

Melt
Organic Plant Butter
Spread or Sticks
Selected Varieties
13 to 16 oz.

\$5⁹⁹



The image shows two Melt Organic plant butter products. In the background is a large blue tub of 'Cold Pressed Plant Butter'. In the foreground is a box of 'Salted Plant Butter' sticks. The box features an image of a butter stick and a small USDA Organic seal. A circular USDA Organic seal is also present in the bottom right corner of the advertisement.

Dare
Breton Crackers
Selected Varieties
4.4 to 7.9 oz.

\$2⁹⁹



Breton
multi-grain
made with whole grain flour
NET WT 7.9 OZ (225g)

Breton
original
made with whole grain flour
NET WT 7.9 OZ (225g)

NON-GMO PROJECT VERIFIED
nongmoproject.org

Cento
Italian Tomatoes
Selected Varieties
28 oz.

\$3⁴⁹



CHEF'S CUT®
TOMATOES
NET WT 28 OZ (1 LB 12 OZ 754g)

ALL-IN-ONE®
TOMATOES
NET WT 28 OZ (1 LB 12 OZ 754g)

Zooup!
Soups
Selected Varieties
16 oz.

\$4.99

Zooup!
thoughtfully crafted
TOMATO BISQUE
Made with Tomato, Cream, and Seasonings
NO ARTIFICIAL FLAVORS
RICH & CREAMY
NET WT 16 OZ (1 LB) 454g

Zooup!
thoughtfully crafted
CHICKEN POTPIE SOUP
Made with Chicken, Potatoes, Cream, and Seasonings
NO ARTIFICIAL FLAVORS
RICH & CREAMY
NET WT 16 OZ (1 LB) 454g

[illegible]

Farmer's Market
Organic Puree
Selected Varieties
15 oz.

\$2⁹⁹

FARMER'S MARKET
ORGANIC
pumpkin Puree
NET WT. 15 OZ. (425g)

FARMER'S MARKET
ORGANIC
Sweet Potato Puree
NET WT. 15 OZ. (425g)

USDA ORGANIC

NON GMO Project VERIFIED

Dr. Bronner's
18-in-1 Pure-Castile
Magic Soaps
Selected Varieties
2 oz.

\$2⁹⁹

Dr. Bronner's
All-Pure
One-Castile
Magic Bar Soaps
Selected Varieties
5 oz.

\$4⁹⁹



Dr. Bronner's Magic Soap is a versatile, all-purpose soap that can be used for a wide variety of cleaning tasks. It is made with 100% organic coconut oil and is free of harsh chemicals, parabens, and synthetic fragrances. The soap is available in a variety of scents, including lavender, unscented, and almond. It is also available in bar soap form, which is convenient for travel and use in the shower. Dr. Bronner's Magic Soap is a truly eco-friendly and sustainable product that is safe for the environment and your family.

Wedderspoon
**Mānuka Honey Throat Drops,
 Pops or Lozenges**
 Selected Varieties
 2.6 to 4.15 oz.
\$7⁹⁹

Mike's
Hot Honey
Selected Varieties
12 oz.

\$9.99



A La Maison
Hand & Body
Soap
Selected Varieties
16.9 oz.

\$7⁹⁹

A La Maison
Bar Soaps
Selected Varieties
8.8 oz.

\$4⁹⁹



The image displays two types of A La Maison soap products. At the top, there are two bottles of Hand & Body Soap. The bottle on the left is clear plastic with a black pump dispenser and a blue label for 'French Sea Salt'. The bottle on the right is amber-colored with a black pump dispenser and a blue label for 'Lavender Blue'. Below these, there are two boxes of Bar Soaps. The box on the left is for 'Lavender Flowers' and the box on the right is for 'Blue Soap from France for Hand & Body'. Both boxes are white with blue and purple floral designs and feature the A La Maison logo.

Saratoga
Spring Water
 Selected Varieties
 28 oz.

\$2.99*

SARATOGA
 STARCKLING
 CARBONATED
 SPRING WATER
 28 OZ.

SARATOGA
 NATURAL
 SPRING WATER
 28 OZ.