

Fresh • Local • Organic



Sales Effective: Friday, November 28th
thru Thursday, December 4th, 2025

**Boneless • Skinless
Chicken Breast**
Family Value Pack

\$1⁹⁹
lb.



**Boneless
Chuck Roast**



\$6⁹⁹
lb.

**Boneless Rib Eye
Steaks Or Roast**

\$12⁹⁹
lb.



**Shaved
Steaks**
14 Oz Pkg

\$7⁹⁹
ea.



16 Chuck Patties
80% Lean
Frozen

\$20
ea.



**Hummel Skinless
Hot Dog**
3 Lb Pkg

\$14⁹⁹
ea.



**Chicken Breast
Fillets**
Great For Chicken Parm

\$3⁹⁹
lb.



**Split Chicken
Wings**
Family Value Pack

\$2⁹⁹
lb.



**Bone-In Center Cut
Pork Chops Or Roast**
Family Value Pack

\$2⁹⁹
lb.



**Oscar Mayer
Bacon**
1 Lb Pkg
All Varieties

\$6⁹⁹
ea.



Delicatessen

**P&P
Olive Loaf**
Sliced To Order

\$5⁹⁹
lb.



**Buffalo
Chicken**
Sliced To Order

\$8⁹⁹
lb.



**Wunderbar
Bologna**
Sliced To Order

\$4⁹⁹
lb.



**Carando
Spiral Ham**
Sliced To Order

\$6⁹⁹
lb.



**Great Lakes
Swiss Cheese**
Sliced To Order

\$5⁹⁹
lb.



**Land O Lakes
Italian Blend Cheese**
Sliced To Order

\$7⁹⁹
lb.



Sub Of The Week: "Italian Combo"

Includes: Salami • Ham • Pepperoni • Provolone • Lettuce • Tomato
Olive Oil

\$19⁹⁹
ea.

Produce Deals...

**Honeycrisp
Apples**

\$1⁹⁹
lb.



**Fresh
Green Beans**
12 Oz Pkg

\$2⁹⁹
ea.



Asparagus

\$3⁹⁹
lb.



**Whole White
Mushrooms**
All Natural • High In
Potassium • 8 Oz Pkg

\$1⁹⁹
ea.



**Suntan
Peppers**
Garden Fresh

\$1⁹⁹
lb.



**Broccoli
Rabe**
High In Fiber

\$2⁹⁹
lb.



875 N. High Street • East Haven, CT 06512
Phone: (203) 467-6438 • www.tandjsupermarket.com



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Open 7 Days A Week



Grocery • Specialty • Italian • Bakery • Deli • Cheeses

Dunkin' Coffee K-Cups

Selected Varieties
10 Ct • 3.5 Oz Box

\$5⁹⁹



Poland Spring Water 24 Pack

16.9 Fl Oz Btl • 405.6 Fl Oz Pkg
Plus Deposit Where Required

\$3⁹⁹



Sclafani Pasta

Selected Varieties
16 Oz Pkg

\$1³⁹



Progresso Light Soup

Or Reduced Sodium • Selected
Varieties • 18.5 To 19 Oz Can

\$1⁹⁹



Progresso Pitmaster Soup

Selected Varieties
19 Oz Can

2/\$5



Bounty 8 Double Plus Rolls Paper Towels

824 Ct Pkg

\$17⁹⁹



Tide Liquid Laundry Detergent

Selected Varieties Or Pods
73 Fl Oz Btl

\$12⁹⁹



Progresso Chicken Broth

Classic Or Reduced Sodium
32 Oz Crtn

\$1⁹⁹



Nature Valley Granola Bars

Selected Varieties
7.4 Oz Box

2/\$5



Heinz Ketchup

38 Fl Oz Btl

\$2⁹⁹



Botticelli Pure Olive Oil

50 Fl Oz Btl

\$12⁹⁹



Sclafani Beans

15 Oz Can

99¢



Prepared Foods

Heat & Eat Case • Family Size

Dairy & Frozen Deals...

Eggplant Parmesan

\$21⁹⁹
ea.

Rigatoni vodka

\$19⁹⁹
ea.



Events

Let Us Cater Your Next Event
We Have a Full Catering Menu!!
Inquire Within Deli Department

Chobani Greek Yogurt 4 Pack

Selected Varieties
21.2 Oz Pkg

\$3⁹⁹



Birds Eye Steamfresh Vegetables

Selected Varieties
13 Oz Pkg

2/\$3



Sargento Shredded Cheese

Selected Varieties
7 Oz Pkg

2/\$6



Alexia Fries Or Potato Puffs

Selected Varieties
20 Oz Pkg

\$3⁹⁹



Florida's Natural Orange Juice

Selected Varieties
89 Fl Oz Btl

\$5⁹⁹

\$4⁹⁹

**Country Crock
Spread**

Original Or Calcium
45 Oz Tub

Breyers Ice Cream

Selected Varieties
48 Fl Oz Crtn

\$3⁹⁹

**Eggo Protein
Waffles Or Pancakes**

Selected Varieties
14.8 OzBox

\$4²⁹

Brownies 6 Pack
Walnut Or Chocochips

\$6⁹⁹
ea.

BAKERY
Favorites

Assorted Libby's Pies
Available
Fri • Sat • Sun

\$15⁹⁹
ea.