

Fresh • Local • Organic



Sales Effective: Friday, December 26th
thru Wednesday, December 31st, 2025

Beef Tenderloins Fillet Mignon

Whole Or Half Piece
Custom Cut To Order

\$14⁹⁹
lb.



Boneless Rib Eye Roast Or Steaks

\$12⁹⁹
lb.

Bone-In Rib Eye Roast Or Steaks

\$11⁹⁹
lb.

Bone-In Rib Roast Or Steaks

Certified Angus Beef

\$18⁹⁹
lb.

Boneless Rib Roast Or Steaks

Certified Angus Beef

\$19⁹⁹
ea.

Hummel Spiral Hams

\$4²⁵
lb.

Boar's Head Bacon

16 Oz Pkg

\$5⁹⁹
ea.

Porketta Store Made

\$5⁹⁹
lb.

Hummel Semi Boneless Hams

Whole Or Half
Exclusively At T&J

\$4²⁵
lb.

Turkey Breast

Frozen

\$2⁴⁹
lb.

Delicatessen

Hummel Prosciuttini

Sliced To Order

\$7⁹⁹
lb.

Hummel Hot Capicola

Sliced To Order

\$7⁹⁹
lb.

Sweet Slicing Capicola

Sliced To Order

\$7⁹⁹
lb.

Sweet Slicing Soppresata

Sliced To Order

\$10⁹⁹
lb.

Margherita Prosciutto

Sliced To Order

\$13⁹⁹
lb.

Margherita Slicing Pepperoni

Sliced To Order

\$7⁹⁹
lb.

Produce Deals...

Lemon Or Limes

2/\$1



Avocados

Ripe And Ready
To Be Eaten

99¢
ea.



Whole White Mushrooms

8 Oz Pkg

\$1⁹⁹
ea.



Russet Potatoes

5 Lb Bag

\$2⁹⁹
ea.



Snipped Green Beans

12 Oz Pkg

\$2⁹⁹
ea.



All Purpose Onions

1 Lb Bag

\$1⁴⁹
ea.



Broccoli Crowns

\$1⁶⁹
lb.



Baby Peeled Carrots

16 Oz Bag

\$1⁶⁹
ea.



875 N. High Street • East Haven, CT 06512
Phone: (203) 467-6438 • www.tandjsupermarket.com



Available! Like Us On



Hours: Mon. - Sun. 8am - 8pm
Open 7 Days A Week

Not Responsible For Typographical Errors. We Reserve The Right To Limit Quantities. Illustrations Are For Display Purposes Only And Do Not Necessarily Represent Items On Sale. 121925 - Parkway T&J Page 1



Grocery • Specialty • Italian • Bakery • Deli • Cheeses

**Nabisco
Snack Crackers**

Selected Varieties
8 Oz Box

\$3.49



**Sclafani
Pasta**

Selected Varieties
16 Oz Box

\$1.39



**Dunkin' Coffee
K-Cups**

Selected Varieties
10 Ct • 3.5 Oz Box

\$5.99



**Progresso
Light Soup**

Or Reduced Sodium • Selected
Varieties • 18.5 To 19 Oz Can

2/\$5



Post Cereals

Selected Varieties
14.75 Oz Box

2/\$5



**Old El Paso
Dinner Kits**

Selected Varieties
12.5 Oz Box

\$3.49



**IGA
Granulated Sugar**

Extra Fine
4 Lb Bag

\$3.99



**Frank's Red
Hot Sauce**

Selected Varieties
12 Fl Oz Btl

\$3.49



**IGA Black
Pitted Ripe Olives**

Selected Varieties
6 Oz Can

\$1.79



**Sclafani
Tomatoes**

Selected Varieties
28 Oz Can Exc. San Marzano

\$1.99



**Xtra Liquid
Laundry Detergent**

Selected Varieties
56 Fl Oz Btl

\$2.99



**Brawny 4 Double
Rolls Paper Towels**

3-Ply • Tear-A-Square Or
Full Sheet • 152 To 304 Ct Pkg

\$6.99



Prepared Foods

Heat & Eat Case • Family Size

Dairy & Frozen Deals...

Prepared Foods

Get Your Holiday Trays • Take & Bake • Your Choice \$45ea.

Manicotti



Lasagna



Meatballs



Stuffed Shells



**Almond Breeze
Almond Milk**

Blue Diamond • Selected
Varieties • 64 Fl Oz Crt

2/\$5



**Heluva Good!
Dip**

Selected Varieties
12 Oz Cntr

\$1.99



**Oui French
Style Yogurt**

Or :ratio • Selected Varieties
5 Oz Cntr Or Jar

4/\$5



**Hood
Sour Cream**

Regular • Light Or Lactaid
16 Oz Cntr

2/\$3



HOLIDAY Desserts

Cheesecakes • Cannoli Cake • Tiramisu • Chocolate Lemon Pie
Cookies Galore • Chocolate Creme Pie • Eclairs
You name it... We have it!



**TGI Fridays
Appetizers**

Selected Varieties
8.5 Oz Box

\$3.99

**Farm Rich
Appetizers**

Selected Varieties
15 Oz Box

\$3.99

**Celeste
Pizza For One**

Selected Varieties
5 Oz Box

\$3.99

**Green Giant Simply
Frozen Vegetables**

Selected Varieties
10 Oz Bag

2/\$3