

Fresh • Local • Organic



Sales Effective: Friday, January 2nd
thru Thursday, January 8th, 2026

Boneless Skinless Chicken Breast

Family Value Pack

\$1⁹⁹
lb.

Boneless Chuck Pot Roast



\$6⁹⁹
lb.

2026
Happy New Year!

Beef Stew

Family Value Pack



\$6⁹⁹
lb.

Boneless NY Strip Steaks



\$12⁹⁹
lb.

Bone-In Center Cut Pork Chops Or Roast

Family Value Pack

\$2⁹⁹
lb.

Bone-In Stuffed Pork Chops

\$4⁹⁹
lb.

St. Louis Spare Ribs

\$3⁹⁹
lb.

Chicken Party Wings

Family Value Pack

\$2⁹⁹
lb.

Whole Chicken

\$1⁹⁹
lb.

Kayem Polska Kielbasa

14 Oz Pkg

\$4⁹⁹
ea.

Delicatessen

Finlandia Lacey LF & LS Cheese

Sliced To Order

\$8⁹⁹
lb.

Butterball Low Sodium Turkey Breast

Sliced To Order

\$7⁹⁹
lb.

Hummel Rare Roast Beef

Sliced To Order

\$12⁹⁹
lb.

Kretschmar Low Sodium Off The Bone Ham

Sliced To Order

\$7⁹⁹
lb.

Low Sodium American Cheese

Sliced To Order

\$6⁹⁹
lb.

Charter Reserve Golden Roasted Chicken Breast

Sliced To Order

\$7⁹⁹
lb.

Sub Of The Week: "Tuna Sub"

Includes: Tuna • Mayonnaise • Lettuce • Tomato • Salt • Pepper

\$19⁹⁹
ea.

Produce Deals...

Broccoli Rabe

\$2⁹⁹
lb.

Blackberries

6 Oz Pkg

\$1⁹⁹
ea.

Beefsteak Tomatoes

\$1⁴⁹
lb.

Green Peppers

\$1⁴⁹
lb.

Dole Spinach

8 Oz Pkg

\$2⁹⁹
ea.

Romaine Hearts

3 Ct

\$3⁹⁹
ea.

875 N. High Street • East Haven, CT 06512
Phone: (203) 467-6438 • www.tandjsupermarket.com



Available! Like Us On



Hours: Mon. - Sun. 8am - 8pm
Open 7 Days A Week

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Grocery • Specialty • Italian • Bakery • Deli • Cheeses

IGA Coffee Single Serve Cups

Selected Varieties
12 Ct • 4.23 Oz Box

\$4⁹⁹



Kellogg's Special K Cereal

Selected Varieties
9.6 Oz Box

2/\$5



Lina Pasta

Selected Varieties
16 Oz Pkg

4/\$5



Sclafani Beans

Selected Varieties
15.5 Oz Can

89¢



Annie's Macaroni & Cheese

Selected Varieties
6 Oz Box

99¢



Progresso Vegetable Classics Soup

Selected Varieties
18.5 Oz Can

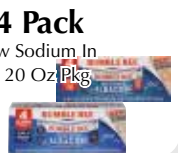
2/\$3



Bumble Bee Solid White Tuna 4 Pack

In Oil • Water Or Low Sodium In
Water • 5 Oz Cans • 20 Oz Pkg

\$3⁹⁹



Hellmann's Mayonnaise

Selected Varieties
30 Fl Oz Jar

\$5⁴⁹



Folgers Ground Coffee

Selected Varieties
22 Oz Cntr

\$10⁹⁹



Tuttoroso Tomatoes

Selected Varieties
28 Oz Can

2/\$3



Knorr Rice Or Pasta Sides

Selected Varieties
4.3 Oz Pkg

\$1³⁹



Adirondack Fruit Water 6 Pack

Selected Varieties
16.9 Fl Oz Btls • 101.4 Fl Oz Pkg

\$1⁹⁹



Tide Liquid Laundry Detergent

Selected Varieties • 73 Fl Oz Btl
Or Pods • 31 Oz Cnstr

\$12⁹⁹



Bounty 6 Double Rolls Paper Towels

300 Ct Pkg

\$10⁹⁹



Charmin 9 Mega Rolls Bath Tissue

1980 Ct Pkg

\$10⁹⁹



Prepared Foods

Heat & Eat Case • Family Size

Prepared Foods

Get Your Holiday Trays • Take & Bake • Your Choice \$45ea.

Pasta Fagioli

\$13⁹⁹

Chicken Soup

\$11⁹⁹

Grilled Chicken Caesar Salad

\$9⁹⁹



Dairy & Frozen Deals...

Florida's Natural Orange Juice

Selected Varieties • Grapefruit
Or Orange Blends • 52 Fl Oz Crt

\$3⁴⁹



Borden Shredded Cheese

Selected Varieties
8 Oz Pkg

\$2⁸⁹



Jell-O Pudding Or Gels 4 Pack

Temptations Or Hershey's Pudding
Selected Varieties • 14.1 Oz Pkg

\$2⁹⁹



Horizon Organic Milk

Selected Varieties
64 Fl Oz Crt

\$4⁹⁹



Eggo Waffles

Pancakes Or French Toast Sticks
Selected Varieties • 12.3 Oz Box

\$3⁴⁹

2/\$5

Smucker's Uncrustables

Thaw & Eat! 4 Pack • Selected
Varieties • 7.2 Oz Box

\$2⁹⁹

\$2⁹⁹

Hood Ice Cream

Selected Varieties
48 Fl Oz Crt

Birds Eye Steamfresh Vegetables

Selected Varieties
13 Oz Bag

\$1⁹⁹

\$1⁹⁹



Bread Of The Week

Farmer's
Marble Rye
Plain Rye

\$5⁹⁹
ea.

