

Fresh • Local • Organic



Sales Effective: Friday, January 9th
thru Thursday, January 15th, 2026

Bottom Round Pot Roast

USDA Choice



\$4⁹⁹
lb.



Beef Rump Roast

USDA Choice



\$4⁹⁹
lb.

Flank Steak

USDA Choice



\$9⁹⁹
lb.



Steaks Tips

Plain Or Marinated
Certified Angus Beef



\$12⁹⁹
lb.



Chicken Tenders

Family Value Pack

\$2⁹⁹
lb.



Boneless Or Bone-In Center Cut Pork Roast

\$2⁹⁹
lb.



Porketta Roast Or Chops

Store Made

\$5⁹⁹
lb.



Stuffed Boneless Pork Chops

\$5⁹⁹
lb.



Tyson Any'tizers Wings Bite Strips

All Varieties
18 To 25 Oz Bag

\$7⁹⁹
ea.



Cooked Perfect Meat Balls

Italian • Swedish Or Turkey
20 To 26 Oz Pkg

\$6⁹⁹
ea.

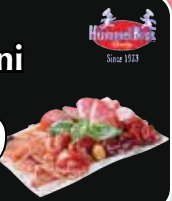


Delicatessen...

Hummel Prosciuttini

Sliced To Order

\$7⁴⁹
lb.



Hummel Cooked Salami

Sliced To Order

\$5⁹⁹
lb.



Store Brand Turkey

Sliced To Order

\$9⁹⁹
lb.



Wunderbar Bologna

Sliced To Order

\$4⁹⁹
lb.



Cooper Sharp White American Cheese

Sliced To Order

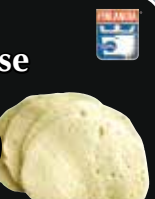
\$6⁹⁹
lb.



Finlandia Lacey Cheese

Sliced To Order

\$7⁹⁹
lb.



Sub Of The Week: "American Combo"

Includes: Roast Beef • Ham • Turkey • American Cheese • Mayonnaise
Lettuce • Tomato • Salt • Pepper

\$19⁹⁹
ea.

Produce Deals...

Fresh Ripe Strawberries

1 Lb Pkg

\$2⁹⁹
ea.



Ripe Avocados

Make Your Own Guacamole

99¢
ea.



Broccoli Crowns

\$1⁶⁹
lb.



Iceberg Lettuce

\$1⁹⁹
ea.



All Purpose Onions

2 Lb Onions

\$1²⁹
ea.



Green Squash

99¢
lb.



875 N. High Street • East Haven, CT 06512
Phone: (203) 467-6438 • www.tandjsupermarket.com



Available! Like Us On



Hours: Mon. - Sun. 8am - 8pm
Open 7 Days A Week



Grocery • Specialty • Italian • Bakery • Deli • Cheeses

Ronzoni
Pasta
Selected Varieties
16 Oz Box

99¢



IGA
Peanut Butter
Creamy Or Crunchy
16 Oz Jar
\$1.99



Campbell's Chicken
Noodle Or Tomato Soup
10.75 Oz Can

99¢



Progresso
Specialty Beans
Selected Varieties
19 Oz Can

99¢



Filippo Berio
Pure Olive Oil
Extra Light • Extra Virgin Or
Robusto • 16.9 Fl Oz Btl

\$5.99



Poland Spring
Water 24 Pack
16.9 Fl Oz Btls • 405.6 Fl Oz Pkg Plus
Deposit Where Required

\$3.99



Town House Or
Club Crackers
Or Toasteds • Selected
Varieties • 9.2 Oz Box

\$3.49



Simply Done 8 Triple
Rolls Ultra Paper Towels
984 Ct Pkg Or Simply Done 18 Mega Rolls
Ultra-Soft Bath Tissue • 3960 To 4032 Ct Pkg

\$12.99



Arizona
Drinks
Selected Varieties
128 Fl Oz Btl

\$2.99



Hunt's
Tomatoes
Selected Varieties
28 Oz Can

\$1.99



Hamburger
Helper
Selected Varieties
5.9 Oz box

2/\$3



Minute Rice
Instant Rice
White Or Brown
28 Oz Box

\$3.99



Kleenex
Facial Tissues
Selected Varieties
120 Ct Box

\$1.99



Sclafani Extra Virgin
Olive Oil

\$18.49



Sclafani Home Style
Pasta Sauce
32 Fl Oz Btl

\$3.49



Prepared Foods

Heat & Eat Case • Family Size

Dairy & Frozen Deals...

Prepared Foods

Easy Nights • Take & Bake • Your Choice

Chicken Cutlet Family Pack \$23.99 ea.	Pasta Fagioli 32 Oz \$13.99 ea.
Chicken Orzo 32 Oz \$11.99 ea.	

Florida's Natural
Orange Juice

Selected Varieties • Grapefruit
Or Orange Blends • 52 Fl Oz Crtn

\$3.49



Borden
Shredded Cheese

Selected Varieties
8 Oz Pkg

\$2.89



Jell-O Pudding
Or Gels 4 Pack

Temptations Or Hershey's Pudding
Selected Varieties • 14.1 Oz Pkg

\$2.99



Horizon Organic
Milk

Selected Varieties
64 Fl Oz Crtn

\$4.99



BAKERY
Favorites

Paczkis are here!
Get Them While they last!

Paccki Donuts 4 Pack
Assorted Flavors
Boston Cream • Raspberry
Lemon • Apple
\$5.99
ea.

Eggo
Waffles

Pancakes Or French Toast Sticks
Selected Varieties • 12.3 Oz Box

Hood
Ice Cream
Selected Varieties
48 Fl Oz Crtn

2/\$5

\$3.49

Smucker's
Uncrustables

Thaw & Eat! 4 Pack • Selected
Varieties • 7.2 Oz Box

Birds Eye Steamfresh
Vegetables
Selected Varieties
13 Oz Bag

\$2.99

\$1.99