

Fresh • Local • Organic

Sales Effective: Friday, January 23rd
thru Thursday, January 29th, 2026



5 Lb Bag
Red Potatoes
USDA Choice

\$2 ea.



Honey Crisp
Apples
Sweet & Crisp

\$1 lb.

Purple
Eggplant
High In Potassium
Low In Sodium

\$1 lb.



Broccoli
Rabe
High In Fiber

\$3 lb.



Dole
Spinach
8 Oz Pkg

\$2 ea.



Carrots
1 Lb Pkg
Healthy Snack

\$1 ea.



Romaine
Hearts
3 Ct Pkg

\$3 ea.



Escarole
Great For Soup

\$2 lb.



All Purpose
Onions
2 Lb Bag

\$1 ea.



Artichokes
4 Ct Pkg

\$4 ea.



Delicatessen...

Slicing
Mozzarella
Sliced To Order

\$5.99 lb.



Hot
Capicola
Sliced To Order

\$7.99 lb.



Sweet Or Hot
Soppresata
Sliced To Order

\$9.99 lb.



Krakus
Ham
Sliced To Order

\$7.99 lb.



Slicing
Pepperoni
Sliced To Order

\$7.99 lb.



BelGioioso
Provolone Cheese
Sliced To Order

\$6.99 lb.



Sub Of The Week: Italiano

Prosciutto, Hot Capicola, Prosciutti, Provolone
Lettuce, Tomato, Oil & Vinegar
Full Sub

\$19.99 ea.

Truckload Meat Deals...

Boneless Rib Eye
Steaks OR Roast

\$9.99 lb.



Cook's
Spiral Ham
Fully Cooked

\$1.99 lb.



Boneless
Sirloin Steaks
USDA Choice

\$6.99 lb.



Eye Round
Roast
USDA Choice

\$4.99 lb.



Chicken
Party Wings
Family Value Pack

\$2.99 lb.



Hummel Bros.
Cocktail Franks
14 Oz Pkg

\$5.99 ea.



875 N. High Street • East Haven, CT 06512
Phone: (203) 467-6438 • www.tandjsupermarket.com



Available! Like Us On



Hours: Mon. - Sun. 8am - 8pm
Open 7 Days A Week



Grocery • Specialty • Italian • Bakery • Deli • Cheeses

General Mills Cheerios Cereal

Selected Varieties
10.6 To 11 Oz Box

\$1.99



Progresso Light Soup

Or Reduced Sodium • Selected
Varieties • 18.5 To 19 Oz Can

\$1.99



Sclafani Pasta

Selected Varieties
16 Oz Pkg

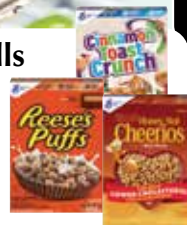
\$1.39



General Mills Cereals

Selected Varieties
8.9 To 12 Oz Box

\$1.99



Nabisco Oreo Cookies

Selected Varieties
9.21 To 14.03 Oz Pkg

\$3.59



Simply Done 6 Double Rolls Paper Towels

Absorbent • Simple Size
Select • 660 Ct Pkg

\$4.99



Folgers Ground Coffee

Selected Varieties
9.6 Oz Cntr

\$6.99



Pennsylvania Dutch Egg Noodles

Selected Varieties
12 Oz Pkg

\$1.99



Contadina Tomatoes

Selected Varieties
28 To 29 Oz Can

2/\$4



Ortega Dinner Kits

Selected Varieties
8.9 To 15.6 Oz Box

2/\$7



Progresso Bread Crumbs

Plain Or Italian Style
24 Oz Cntr

\$2.99



Sclafani Marinated Mushrooms

16 Oz Jar

\$3.99



Snow's Chopped Clams

Or Minced
6.5 Oz Can

\$1.99



Filippo Berio Pure Olive Oil

Or Extra Virgin
33.8 Fl Oz Can

\$12.99



Rice-A-Roni Or Pasta Roni

Selected Varieties
4.3 To 7.2 Oz Box

\$1.39



Kraft Mac & Cheese

Selected Varieties
5.5 To 7.3 Oz Box

2/\$3



Prepared Foods

Heat & Eat Case • Family Size

Dairy & Frozen Deals...

Prepared Foods

Easy Nights • Take & Bake • Your Choice

Sausage & Peppers
Or Hot Dog Peppers
Family Pack

\$21.99
ea.

Chobani Greek Yogurt 4 Pack

Original • Fruit On The Bottom • Flip
Less Sugar • 20G Protein Or Zero Sugar
Selected Varieties • 18 To 26.8 Oz Pkg

\$3.99



Nestle Frozen Dairy Dessert Novelties

Selected Varieties Or Oreo Frozen Dairy
Dessert Cones • 16.9 To 36.8 Fl Oz Box

\$7.99



Dunkin' Cold Foam Creamer

Or International Delight • Selected Varieties
14 Oz Aerosol Can Or Dunkin' • So Delicious!
Dairy Free Creamer Or Silk Almond
Creamer • 32 Fl Oz Bl

\$3.99



Friendly's Ice Cream

Selected Varieties Or Rainbow
Sherbet • Excluding Pistachio
Ice Cream • 48 Fl Oz Crtn

\$3.99



Polly-O String Cheese

Selected Varieties
9 To 12 Oz Pkg

\$4.99

\$2.99

Pillsbury Toaster Strudel

Selected Varieties • 11.7 Oz Or
Toaster Scrambles Egg, Bacon &
Cheese • 7.2 Oz Box

2/\$5

\$4.99

\$2.99

\$4.99

BAKERY.
Favorites

Bakery Bread Of
The Week: Crusty
Italian Bread
Freshly Baked

\$3.99
ea.

We Carry
Libby's Of Wooster
Street Pies
LOCAL FAVORITE!