

IT IS ONLY NATURAL AND ORGANIC

APRIL 2026

Thank you for shopping local!

Pacific Foods Organic Broths
Selected Varieties
32 oz.
\$3⁹⁹

La Croix Sparkling Water
Selected Varieties
8pk.
\$4⁴⁹
12pk.
\$6⁴⁹

Nancy's Organic Cream Cheese
8 oz.
\$4⁹⁹
Nancy's Organic Sour Cream
8 oz.
\$2⁹⁹

Wild Tonic Organic Jun Kombucha
Selected Varieties
12 oz.
\$3⁹⁹
Wild Tonic Organic Jun Kombucha
Selected Varieties
12 oz.
2⁵⁶

Rebbl Organic Protein Shakes
Selected Varieties
12 oz.
\$3⁹⁹

Bob's Red Mill Organic Flour
Selected Varieties
5 lb.
\$6⁹⁹

Stahlbush Island Farms Frozen Vegetables
Selected Varieties
7 to 10 oz.
2⁵⁶
Stahlbush Island Farms Frozen Berries
Selected Varieties
10 oz.
\$4⁴⁹

Purely Elizabeth Granola, Cereals and Cookie Granola
Selected Varieties
8 to 12 oz.
\$6⁹⁹

GoMacro Organic Bars
Selected Varieties
2 to 2.5 oz.
2⁵⁶

Nielsen-Massey Vanilla Extract
Selected Varieties
2 oz.
\$8⁹⁹
Vanilla Paste
2 oz.
\$10⁹⁹

Strong Roots Frozen Fries
Selected Varieties
20 oz.
\$4⁹⁹
Strong Roots Frozen Hashbrowns
Selected Varieties
13.22 oz.
\$5⁹⁹

Deep Indian Kitchen Authentic Indian Street Wraps
Selected Varieties
5 oz.
\$3⁹⁹
Deep Indian Kitchen Authentic Indian Entrees
Selected Varieties
7.8 to 12 oz.
\$5⁹⁹

Enjoy Life Dairy Free Chocolate Chips
Selected Varieties
9 oz.
\$6⁹⁹

Brown Cow All Natural Yogurt
Selected Varieties
5.3 oz.
4⁵⁵

Lifeway Organic Kefir
Selected Varieties
32 oz.
\$6⁴⁹

Pip's Snacks
Gluten Free
Selected Varieties
4.5 oz.
\$3⁷⁹
Pip's Snacks
Selected Varieties
7 to 9.25 oz.
\$4⁴⁹

Green Valley Organic Cream Cheese
Lactose Free
8 oz.
\$4⁹⁹
Green Valley Organic Kefir
Lactose Free
32 oz.
\$6⁹⁹

Clif or LUNA Bars
Selected Varieties
1.69 to 2.4 oz.
2⁵⁴

Four Sigmatic Organic Coffee
Selected Varieties
10 oz.
\$15⁹⁹

Laird Superfood Creamers
Selected Varieties
8 oz.
\$7⁹⁹

Alter Eco Organic Chocolate Bars
Selected Varieties
2.65 to 2.96 oz.
\$4⁹⁹

Lakewood Organic Juice
Selected Varieties
32 oz.
\$7⁹⁹

Angie's BoomChickaPOP Popcorn
Selected Varieties
4.4 to 7 oz.
2⁵⁷
Dare Breton Crackers
Selected Varieties
4.4 to 7.9 oz.
\$2⁹⁹

Hu Organic Chocolate Bars
Selected Varieties
2.1 oz.
\$4⁹⁹

Pamela's Gluten Free Cookies
Selected Varieties
6.25 oz.
\$4⁹⁹

Aloha Organic Plant Based Protein Bars
Selected Varieties
1.9 to 1.98 oz.
2⁵⁵

Siete Grain Free Tortilla Chips
Selected Varieties
7.5 oz.
\$4⁹⁹

Darrell Lea Licorice
Selected Varieties
7 oz.
2⁵⁶
Greenfield Natural Meat Co. Lunch Kits
Selected Varieties
2.8 to 2.9 oz.
2⁵⁷

Koia Non-Dairy Protein Drinks
Selected Varieties
12 oz.
\$3⁹⁹

Simple Mills Crackers
Gluten Free
Selected Varieties
4 to 4.25 oz.
\$4⁹⁹

Bear Fruit Snacks
Selected Varieties
3.5 oz.
\$4⁹⁹

Little Sesame Hummus
Selected Varieties
8 oz.
\$4⁴⁹

Eden Foods Organic Beans
Selected Varieties
15 oz.
2⁵⁶
Wildwood Organic Tofu
Selected Varieties
14 oz.
\$3²⁹

Seeds of Change Organic Rice or Grains
Selected Varieties
8.5 oz.
\$3⁴⁹

Stonyfield Organic Yogurt
Selected Varieties
3.5 oz.
2⁵⁴

Teccino Herbal Teas
Selected Varieties
10 Count
\$5⁹⁹

Chobani Yogurt
Selected Varieties
5.3 oz.
2⁵⁴

Divina Organic Olives or Sweet Roasted Peppers
Selected Varieties
4.9 to 16.2 oz.
\$5⁹⁹
Carbone Pasta Sauce
Selected Varieties
15 to 24 oz.
\$7⁴⁹

Skinny Dipped Snacks
Selected Varieties
3.5 oz.
\$4⁴⁹

Beyond Good Madagascar Organic Chocolate Bars
Selected Varieties
2.12 to 2.64 oz.
\$4⁹⁹

Harmless Harvest Organic Coconut Water
Selected Varieties
16 oz.
\$4⁹⁹

My Mochi Ice Cream
Selected Varieties
6 Packs
\$4⁹⁹

Kettle & Fire
Cooking Broths
Selected Varieties
32 oz.
2\$7
Kettle & Fire
BEEF BROTH
CHICKEN BROTH

Dave's Gourmet
Pasta Sauce
Selected Varieties
15 to 24 oz.
\$7.99
DAVE'S GOURMET
Butternut Squash
Pasta Sauce

Riot
Energy Drinks
Selected Varieties
16 oz.
2\$4
RIOT
ZERO
ARTIFICIAL
ANYTHING
LIME
LIME

Quinn
Snacks
Selected Varieties
5 to 7 oz.
\$4.99
QUINN
PEANUT BUTTER
MAPLE ALMOND BUTTER

Kalona
Super Natural
Organic Yogurt
Selected Varieties
24 oz.
\$5.99
KALONA SUPER NATURAL
Organic Whole Milk
Vanilla Yogurt
Plain Yogurt

Smith
Tea
Selected Varieties
15 ct.
\$9.99
LORD BERGAMOT No. 55
SMITH
PEPPERMINT LEAVES No. 45

Earth Balance
Dairy-Free
Buttery Spreads
Selected Varieties
13 to 15 oz.
\$6.49
earth balance
Soy Free

Stumptown
Ready to Drink
Cold Brew
Coffee
Selected Varieties
15 to 17 oz.
\$3.99
STUMPTOWN
ORIGINAL
COLD BREW
COFFEE

Rebel Green
Plant Based Soaps
and Cleaners
Selected Varieties
16 oz.
\$4.99
Rebel Green
Laundry Soap
68 oz.
\$14.99

Voss
Artesian Water
Selected Varieties
375 ml.
2\$3
800 ml
2\$6
VOSS

Caboo
Tree-Free
Bamboo
Toilet Paper
Selected Varieties
4 Pack
\$5.99
Caboo
Bamboo
Wipes
216 Count
\$12.99

Spectrum
Specialty Oils
Selected Varieties
5 to 16 oz.
\$9.99
Spectrum
Organic
Sunflower Oil

Dr. Bronner's
Toothpaste
Selected Varieties
5 oz.
\$6.49

Seventh Generation
Dish Liquid
Selected Varieties
19 oz.
\$4.49
Seventh Generation
Laundry Detergent
Selected Varieties
23.1 to 90 oz.
\$15.99

If You Care
Sandwich Bags,
Coffee Filters or
Baking Sheets
Selected Varieties
24 to 100 Count
\$4.99
If You Care
Parchment Paper
70 Feet
\$5.99

Alba Botanica
Sunscreen
Selected Varieties
2 to 4 oz.
\$11.99
alba
mineral
50
mineral
30

Ecos
Plant Powered
Laundry Detergent
Selected Varieties
100 oz.
\$15.99

Davids
Toothpaste or
Floss
Selected Varieties
4 to 5.25 oz. / 2 pk.
or Refill Pack
\$6.99

Imagine
Organic
Broths
Selected Varieties
32 oz.
\$3.99
Imagine
Organic Soups
Selected Varieties
32 oz.
\$4.99

Mamma Chia
Organic Squeeze
Fruit Blends
Selected Varieties
3.5 oz.
3\$5
Mamma Chia
Organic Black
Chia Seeds
12 oz.
\$5.99

Califia Farms
Organic Non-Dairy
Milks or Creamers
Selected Varieties
25.4 to 48 oz.
\$6.99
CALIFIA
FARMS
Organic
ALMOND
CREAMER
Organic
CASHEWMILK
CREAMER

La Tourangelle
Organic Extra
Virgin Olive Oil
Selected Varieties
25.4 oz.
\$19.99
La Tourangelle
Avocado Oil
Selected Varieties
16.9 oz.
\$15.99

Renew
Organic Juices
Selected Varieties
32 oz.
\$7.99
Renew
PURELY ORGANIC
PINEAPPLE
PURELY ORGANIC
PRUNE

Cascadian Farm
Organic Cereals
or Granolas
Selected Varieties
7.4 to 15 oz.
\$4.49
CASCADIAN FARM
HONEY HUT
O'S
CASCADIAN FARM
FRUIT AND NUT

Abbott's
Plant-Rich
Foods
Selected Varieties
8 to 10 oz.
\$6.99
ABBOT'S
GROUND BEEF
CLASSIC
BURGER

Somos
Authentic
Mexican Rice
Selected Varieties
8.5 to 8.8 oz.
2\$7
Somos
Beans
10 oz.
2\$5
SOMOS
MEXICAN STREET
WHITE RICE
SOMOS
FAJITA
WHITE RICE

Noosa
Yoghurt
Selected Varieties
8 oz.
2\$5
blueberry
lemon

Nasoya
Organic
Tofu
Selected Varieties
14 to 16 oz.
\$2.99

Banana
Organic Plantain
Chips or Bites
Selected Varieties
3.5 to 5 oz.
\$4.49
banana
Dipped
BANANA
BITES

Bonne Maman
Preserves
Selected Varieties
13 oz.
\$6.99
Bonne Maman
Raspberry Preserves

Sweet Leaf
Water Drops or Sweet
Drops
Selected Varieties
1.62 to 1.7 oz.
\$3.99
Water Drops
Sweet Drops

Huel
High Protein
Meal Replacement
Drinks
Selected Varieties
16.9 oz.
\$3.99
Huel
Chocolate
Vanilla

Wet Hydration
Drinks
Selected Varieties
12 oz.
2\$4
wet hydration
wellness
water

Petit Pot
Organic Pudding
Selected Varieties
7 to 8 oz.
\$4.99
Petit Pot
Vanilla Bean
Dark Chocolate

Sun Tropics
Cocorolls
Selected Varieties
4 oz.
\$3.99
Sun Tropics
Cocorolls

My Meatless Protein
Plant Based Bacon or
New! Pulled Pork
Selected Varieties
6 to 8 oz.
\$8.99
MyBACON
PULLED PORK

Milton's
Crackers
Selected Varieties
4.5 to 8.4 oz.
\$3.99
Milton's
ORIGINAL
MULTI-GRAIN
CRACKERS
Milton's
OLIVE OIL &
SEA SALT
CRACKERS

St. Dalfour
Fruit Spreads
Selected Varieties
10 oz.
\$4.99
ST. DALFOUR
Strawberry
Blueberry

Michel & Augustin
French Shortbread
Cookies
Selected Varieties
4.4 to 4.9 oz.
\$4.99
Michel & Augustin
Cookie Squares

Just Ice Tea
Organic
Ready to Drink
Tea
16 oz.
2\$5
JUST ICE
TEA

Equal Exchange
Organic
Coffee
Selected Varieties
10 to 12 oz.
\$11.99
EQUAL EXCHANGE
COFFEE

Big Tree Farms
Organic
Coconut
Aminos
Selected Varieties
10 oz.
\$5.49
BIG TREE
FREE
AMINOS

Roar
Organic
Drinks
Selected Varieties
18 oz.
2\$4
ROAR
ORGANIC
FRUIT FLAVORED
WATER

Boomerang
Pot Pies
Selected Varieties
6 to 8 oz.
\$4.49
BOOMERANG'S
SPINACH & MUSHROOM
CHICKEN CLASSIC

Flock
Chicken Skin Crisps
Selected Varieties
2.5 oz.
\$5.99
flock
CHICKEN SKIN CRISPS
TERRY BLACK'S
BARBECUE

Wilcox Family Farms
Free Range Large
White Eggs
12 Count
\$5.99
Wilcox
WHITE FREE-RANGE
EGGS
WHITE FREE-RANGE
EGGS

Hippie Snacks
Crisps
Selected Varieties
2.5 oz.
\$4.99
HIPPIE
CAULIFLOWER
CRISPS
AVOCADO
CRISPS

